

Spring 2011 Course Syllabus*
PSY 1010-6 General Psychology
Course #20333, 3.0 credits

MWF 12:00–12:50 p.m. Hazy 220

*Subject to change as instructor deems necessary.

Instructor: Valerie Carlson, M.S. Biochemical Engineering, B.A. Functional Biology, Russian
In progress: PsyD Health and Wellness Psychology

Textbook: Psychology: From Science to Practice, 2 ed., by Robert A. Baron & Michael J. Kalsher

Office Hours: WSSC 340, MW 1-3pm.

If you would like to set up a different time to meet with me, email me and let me know. I want to help you succeed!

Email: vcarlson@dixie.edu

This is usually the most efficient way of communicating with me outside of office hours. I check my email several times per day. Home Telephone: (435) 275-4310 If you would like to speak with me, you are welcome to call between the hours of 8am-9pm Monday through Saturday. *Be nice.*

Course Description: “For students in all disciplines who are interested in the fundamental scientific principles of behavior. The student will study learning, motivation, emotion, personality, mental disorders, treatment alternatives and other related subjects as part of the course. Critical thinking will be explored in examining these aspects of behavior. Students will have frequent examinations and quizzes as part of the course requirements. This course satisfies general education requirements in the social sciences area. 3 lecture hours per week.”
(Description from Course Catalog)

Course Objectives: The purpose of this course is to teach students many of the scientific approaches used to study human behavior, from many different psychological perspectives: biopsychology, clinical and counseling psychology, cognitive psychology, developmental psychology, health psychology, social psychology, etc. Students will also learn significant findings and theories developed within a variety of sub-disciplines of psychology. Students will demonstrate their learning through short quizzes and longer exams.

Academic Integrity: Neither cheating of any kind nor plagiarism is tolerated. Students must take all quizzes and exams independently (without the help of others, except for appropriate disability services), and students are not allowed to share information (questions, answers, etc.) from quizzes and exams with anybody else until after the quiz or exam period has expired. No notes or books are to be used when taking exams. For further information regarding student responsibilities related to academic integrity, please refer to Section 5.33.5 of the DSC policy, which can be viewed at <http://www.dixie.edu/humanres/policy/sec5/533.html>. Students guilty of cheating/plagiarism will be dealt with according to college policy as found at <http://www.dixie.edu/humanres/policy/sec3/334.html>.

3-34 ACADEMIC DISCIPLINE

34.1 **Cheating:** Academic dishonesty in any form will not be tolerated at Dixie State College, including but not limited to plagiarism on written assignments, submitting other person's work as one's own, and cheating on exams or quizzes. Teachers at Dixie State College may discipline students proven guilty of academic dishonesty by:

34.1.1 Giving a failing grade on the specific assignment where dishonesty occurred,

34.1.2 Failing the student in the entire course,

34.1.3 Immediately dismissing and removing the student from the course, and/or

34.1.4 Referring the student to Student Affairs, a committee which may reprimand, place on probation, suspend, and/or expel the student.

34.2 **Disruptive Behavior:** Teachers at Dixie State College have the right to manage the classroom environment to ensure a good learning climate. Toward this end, teachers (or college security) may dismiss and remove disruptive students from individual class activities. If a student's behavior continues to disrupt class activities, the teacher may dismiss and cause the removal of disruptive students from their course.

34.3 **Student Appeals:** Students who believe themselves wrongfully disciplined may appeal those disciplinary actions through the standard grievance procedure. (Policy 5-35)

DSC Procedural DATES TO TAKE NOTE OF: Spring 2011 (see <http://new.dixie.edu/reg/syllabus/>)

| | | | |
|-----------|---|---------|--|
| Jan 10 | Classwork Starts | Mar 22 | Summer Registration open to Juniors (60+ credits) |
| Jan 12 | Last Day to Add Without Signature | | |
| Jan 17 | Martin Luther King Jr. Day | Mar 23 | Summer Registration open to Sophomores (30+ credits) |
| Jan 18 | Drop/Audit Fee Begins (\$10 per class) | | |
| Jan 25 | \$50 Late Registration/Payment Fee | Mar 24 | Summer Registration open to all students |
| Jan 31 | Graduation Application Deadline | Apr 1 | Last Day for Complete Withdrawal |
| Feb 1 | Pell Grant Census | Apr 11 | Fall Registration open to Seniors (90+ credits) |
| Feb 1 | Last Day for Refund | | |
| Feb 1 | Last Day to drop without receiving a "W" grade | Apr 12 | Fall Registration open to Juniors (60+ credits) |
| Feb 2 | Courses dropped for non-payment | Apr 13 | Fall Registration open to Sophomores (30+ credits) |
| Feb 4 | Last Day to ADD Classes | | |
| Feb 21 | President's Day | Apr 14 | Fall Registration open to all students |
| Feb 28 | Mid-Term Grades Due | Apr 28 | Classwork Ends |
| Mar 4 | Last Day to DROP/AUDIT Classes | Apr 29 | Final Exams |
| Mar 14-18 | Spring Break | May 2-5 | Final Exams |
| Mar 21 | Summer Registration open to Seniors (90+ credits) | May 6 | Commencement |

Students with Disabilities:

“If you are a student with a medical, psychological or a learning difference and requesting reasonable academic accommodations due to this disability, you must provide an official request of accommodation to your professor(s) from the Disability Resource Center *within the first two weeks of the beginning of classes*. Students are to contact the center on the main campus to follow through with, and receive assistance in the documentation process to determine the appropriate accommodations related to their disability.”

You may call (435) 652-7516 for an appointment and further information regarding the Americans with Disabilities Act (ADA) of 1990 per Section 504 of the Rehabilitation Act of 1973.

FREE OUTSIDE HELP:

The Browning Learning Resource Center houses both the tutoring and writing centers.

- Library - <http://library.dixie.edu>
- Writing Center - http://dixie.edu/english/dsc_writing_center.php
- Testing Center - <http://dixie.edu/testing>
- Tutoring Center - <http://dsc.dixie.edu/tutoring/>

Email:

You are required to frequently check your dmail account. Important class and college information will be sent to your dmail account, including DSC bills, financial aid/scholarship notices, notices of cancelled classes, reminders of important dates and deadlines, and other information critical to your success at DSC and in your courses. If you don't know how to access your dmail account, go to www.dixie.edu and select "Dmail" from the left column. To locate your dmail username and password, go to www.dixie.edu, and click on "Log in to student services" (upper right corner).

Grading: There will be 4 exams taken in the testing center, and quizzes. The final exam is comprehensive.

| | | |
|-------------|---|---------------------|
| exams | 4 x 100 points each | 400 possible points |
| quizzes | 40 x 3 points each (lowest 4 dropped) | 108 possible points |
| final exam | 1 x 142 points (70 comprehensive questions) | 142 “ “ |
| APA project | 1 x 50 points | 50 “ “ |

TOTAL: 700 possible points

Final Grades will be determined on a standard percentage basis:

A = 93%, A- = 90%, B+ = 87%, B = 83%, B- = 80%, C+ = 77%, C = 73%, C- = 70%, and so forth.

!! FINAL EXAM DATE: Wednesday, May 4, 12:30 - 2:30 p.m. !!!!!!!!!!!!!!!

This date cannot be changed for you, so plan accordingly.

General Policies: What is expected of me in this course??

- **Attendance is mandatory.** If you miss more than 5 classes, I reserve the right to dock your grade one step, e.g. C to C-. **Plan to be in class.** You may find Dixie's policy regarding attendance at <http://www.dixie.edu/humanres/policy/sec5/523.html>.
- **Classroom Participation Policy:** All students are encouraged to participate in classroom discussions, but appropriate levels of maturity and respect (to the instructor and other students) must be demonstrated. **Come prepared and with a good attitude.** Be prepared for give and take. Encourage each other to participate, and we'll have a great experience. Many students like to print the power points out before class and take notes on them. **No computer use in class other than looking at ppts.**
- **Exams and quizzes may not be taken late,** but exams may be taken early if acceptable arrangements can be made. The final exam must be taken as scheduled for our class. (Make-up quizzes are never allowed).

- **Exams:**

The four class exams are given in the testing center. You will take this 50 question exam on one of their computers. You will have 60 minutes to complete the exam. The average completion time is 20-25 minutes. NEVER WAIT UNTIL THE LAST MINUTE TO TAKE AN EXAM. THE TESTING CENTER MAY NOT BE ABLE TO ACCOMMODATE YOU IF YOU DO, AND YOU CANNOT MAKE THE EXAM UP. Find the testing center today.

Exam 1:

- 50 questions on chapters 1-3, pages 1-119, will be in the testing center
Wed., Feb 9 at 1pm through Sat., Feb 12 at 10pm or closing.

Exam 2:

- 50 questions on chapters 4-6, pages 121-243, will be in the testing center
Wed., Mar 2 at 1pm through Sat., Mar 5 at 10pm or closing.

Exam 3:

- 50 questions on chapters 7-9, pages 245-383, will be in the testing center
Fri., Mar 25 at 1pm through Tue., Mar 29 at 10pm or closing.

Exam 4:

- 50 questions on chapters 10-12, pages 385-501, will be in the testing center
Wed., Apr 13 at 1pm through Sat., Apr 16 at 10pm or closing.

!!Comprehensive final exam: in class May 4 at 12:30 and will cover chapters 13 & 14 as well as all of the other chapters.

- **Quizzes:**

All 40 quizzes are available to you online through blackboard by ANY computer that has online access to blackboard. They are only 3 questions each. **You will have 5 minutes to complete the quiz. Make sure you press "save answer" in order to submit your answers. Cheating is not allowed.** These quizzes will help you in class and on exams. **QUIZZES MUST BE COMPLETED BEFORE THE LECTURE FOR WHICH THEY WERE ASSIGNED.** Remember, only 3 quizzes will be dropped.

- **APA Project:**

Look on blackboard for directions regarding this assignment. This assignment can greatly help you if you take other psychology courses. Put effort into it. It will be worth it.

General Tentative Lecture Outline for General Psychology

| Date | Discussion Topic | Pages to Read before Class | Quiz |
|--------------------|--|---|-------------|
| Mon., Jan. 10 | Syllabus and Welcome!! What is psychology? | --- | --- |
| Wed., Jan. 12 | Psychology: Where it's been/ where it's going | 1-15, 29-32 | 1 |
| Fri., Jan. 14 | The scientific method/ research methods | 16-30, 31-37 | 2 |
| Wed., Jan. 19 | Neurons, the synapse, neurotransmitters | 39-45, 65-67 | 3 |
| Fri., Jan. 21 | Resting potential, action potential, myelin | See "Neuron" on blackboard | 4 |
| Mon., Jan. 24 | The nervous system, the brain, split-brain studies | 45-54, 65-67 | 5 |
| Wed., Jan. 26 | Studying the brain, genetics | 54-65, 65-71 | 6 |
| Fri., Jan. 28 | APA project: finding and reading a research paper | See "APA project" material on blackboard | 7 |
| Mon., Jan. 31 | APA project: writing a summary in APA format | | 8 |
| Wed., Feb. 2 | Sensation threshold, vision | 73-87, 113-114 | 9 |
| Fri., Feb. 4 | Hearing/ vestib., touch, pain, smell, taste, kinesth. | 87-100, 113-114 | 10 |
| Mon., Feb. 7 | Organization of info, illusion, cues | 100-112, 113-119 | 11 |
| Wed., Feb. 9 | Circadian rhythms, states of consciousness | 121-132, 151-152 | 12 |
| Fri., Feb. 11 | Sleep (oh, yes, you need it), sleep disorders | 133-139, 151-152 | 13 |
| Mon, Feb. 14 | Hypnosis, consciousness-altering drugs | 140-150, 151-157 | 14 |
| Wed, Feb. 16 | Classical conditioning | 159-170, 190-192 | 15 |
| Fri., Feb. 18 | Operant conditioning | 171-179, 190-192 | 16 |
| Wed, Feb. 23 | Observational learning | 180-190, 190-197 | 17 |
| Fri., Feb. 25 | Memory tasks, systems, types; Forgetting, Altering | 199-212, 236-238 | 18 |
| Mon, Feb. 28 | Autobiog. & emotional memory, impairments | 212-221, 236-238 | 19 |
| Wed., Mar. 2 | Cognition: thinking, deciding, and creating | 221-236, 236-243 | 20 |
| Fri., Mar. 4 | Cog/social development of children | 245-265, 288-290 | 21 |
| Mon., Mar. 7 | Cog/social development of adolescents, adults | 265-288, 288-295 | 22 |
| Wed., Mar. 9 | Theories of motivation, hunger, weight control | 297-308, 327-330 | 23 |
| Fri., Mar. 11 | Motivation for sex, orientation, intrinsic motivation, forgiveness | 308-315, 327-330 Be Safe & Enjoy Spring Break! | 24 |
| Mon, Mar. 21 | Emotions, theories, biology, cognition, happiness | 315-328, 327-335 | 25 |
| Wed, Mar. 23 | Theories of personality, tests, modern research | 337-360, 376-378 | 26 |
| Fri., Mar. 25 | Theories of intelligence, tests, cog./neural basis | 360-376, 376-383 | 27 |
| Mon, Mar. 28 | Stress, what it is, causes, effects | 385-399, 418-420 | 28 |
| Wed, Mar. 30 | Health care, cog./neural/behavioral basis of health | 399-409, 418-420 | 29 |
| Fri., Apr. 1 | AIDS: a global public health issue, emotions/health | 409-418, 418-425 | 30 |
| Mon., Apr. 4 | DSM-IV, MMPI-2, ADHD, eating & dypmntl disorders | 427-438, 460-462 | 31 |
| Wed., Apr. 6 | Mood disorders, anxiety | 438-448, 460-462 | 32 |
| Fri., Apr. 8 | Dissoc./personality/sex/genderID disorders, schizo. | 448-460, 460-467 | 33 |
| Mon., Apr. 11 | Approaches to psychotherapy, group therapy | 469-486, 494-496 | 34 |
| Wed., Apr. 13 | Biological therapy, evaluation of therapies | 486-495, 494-501 | 35 |
| Fri., Apr. 15 | Social psych, nonverbal communication, causation | 503-510, 533-534 | 36 |
| Mon, Apr. 18 | Social cognition, attitudes, prejudice, influence | 511-524, 533-534 | 37 |
| Wed., Apr. 20 | Influencing others, and... love. ❤️ | 525-533, 533-539 | 38 |
| Fri., Apr. 22 | I/O psychology, hiring, training, motivating, evaluation | 541-560, 569-570 | 39 |
| Mon, Apr. 25 | Leadership, group decision-making | 561-569, 569-575 | 40 |
| Wed, Apr. 27 | Final Review; Psychology Bowl!! | Study Everyythhhhhingggg. | -- |
| Wed., May 4 | Comprehensive Final Exam: 12:30-2:30 pm | Get some good sleep and good nutrition | -- |