

Fall 2012 Course Outline and Syllabus*

PSY 1010-03 General Psychology

Course #40232/46588, 3.0 credits

MWF 9-9:50 a.m. McD104

*Subject to change as instructor deems necessary.

Final Exam: Friday, Dec. 14, 10am-noon, McD104. Plan to take your final at this time.

Instructor: Valerie Carlson (vcarlson@dixie.edu) upstairs, McD223, MW 2-3pm, TTh noon-1pm
If you would like to set up a different time to meet with me, email me and let me know. I want to help you succeed

Canvas: This course will use the canvas learning platform: canvas.dixie.edu

Dmail: You are required to frequently check your dmail account. Important class and college information will be sent to your dmail account, including DSC bills, financial aid/scholarship notices, notices of cancelled classes, reminders of important dates and deadlines, and other information critical to your success at DSC and in your courses. If you don't know how to access your dmail account, go to www.dixie.edu and select "Dmail" from the left column. To locate your dmail username and password, go to www.dixie.edu, and click on "Log in to student services" (upper right corner).

Textbook: Schacter, D. L., Gilbert, D. T., & Wegner, D. M. (2011). *Psychology* (2nd ed.). New York, NY: Worth Publishers. A copy is on reserve in the library (Holland Building).

Course Description: "For students in all disciplines who are interested in the fundamental scientific principles of behavior. The student will study learning, motivation, emotion, personality, mental disorders, treatment alternatives and other related subjects as part of the course. Critical thinking will be explored in examining these aspects of behavior. Students will have frequent examinations and quizzes as part of the course requirements. This course satisfies general education requirements in the social sciences area. 3 lecture hours per week." (Description from Course Catalog)

Course Objectives: The purpose of this course is to teach students many of the scientific approaches used to study human behavior, from many different psychological perspectives: biopsychology, clinical and counseling psychology, cognitive psychology, developmental psychology, health psychology, social psychology, etc. Students will also learn significant findings and theories developed within a variety of sub-disciplines of psychology. Students will demonstrate their learning through short quizzes and longer exams.

Current Course Outline*:

<u>Date</u>	<u>Reading Description</u>	<u>Ch:Pages</u>
Mon., 8/20	Welcome to the Course	---
Wed., 8/22	Psychology's Roots	1:1-15
Fri., 8/24	Behaviorism and Modern Psychology	1:16-35
Mon., 8/27	Empiricism and the Scientific Method	2:39-51
Wed., 8/29	Correlations and Experiments	2:52-73
Fri., 8/31	How Neurons Work	3:77-91
Mon., 9/3	<i>Labor Day! No Class.</i>	<i>Be Healthy</i>
Wed., 9/5	Nervous System Organization and Anatomy	3:91-104
Fri., 9/7	Investigating the Brain	3:105-120
Mon., 9/10	Introduction to Perception	4:125-144
Wed., 9/12	Visual Recognition	4:144-156
Fri., 9/14	Memory Encoding and Storage	6:219-232
Mon., 9/17	Memory Retrieval and Errors	6:232-258
Wed., 9/19	Classical Conditioning	7:263-276
Fri., 9/21	Operant Conditioning	7:277-293
Mon., 9/24	Observational Learning and Cognition	7:293-303
Wed., 9/26	Emotional Experience and Communication	8:307-324
Fri., 9/28	Motivation	8:325-343

Mon. 10/1	Language and Communication	9: 347-367
Wed. 10/3	Decision Making and Problem Solving	9: 368-385
Fri., 10/5	Intelligence: What is it?	10: 397-416
Mon., 10/8	Intelligence Testing	10: 389-396
Wed. 10/10	Improving Intelligence	10: 417-419
Fri., 10/12	<i>Semester Break. No Class.</i>	<i>Be healthy</i>
Mon., 10/15	Infancy and Childhood	11: 423-447
Wed. 10/17	Adolescence	11: 448-455
Fri., 10/19	Adulthood	11: 456-466
Mon., 10/22	Personality Traits	12: 467-478, 486-501
Wed., 10/24	Myers-Briggs	MB reading
Fri., 10/26	Personality and Communication	MB reading
Mon., 10/29	Social Behavior and Influence	13: 505-535
Wed., 10/31	Stereotyping and Attribution	13: 535-544
Fri., 11/2	What is consciousness??	5: 175-189
Mon., 11/5	Dreams, sleep, and drugs	5: 190-208
Wed., 11/7	Hypnosis and meditation	5: 209-214
Fri., 11/9	Introduction to psychological disorders; anxiety	14: 549-564
Mon., 11/12	Mood and dissociative disorders	14: 564-573
Wed., 11/14	Schizophrenia and personality disorders	14: 573-585
Fri., 11/16	Psychological treatments	15: 589-605
Mon., 11/19	Biological treatments	15: 606-621
Wed., 11/21	Thanksgiving Break! No class.	<i>Be healthy</i>
Fri., 11/23	Thanksgiving Break! No class.	<i>Be healthy</i>
Mon., 11/26	Stress and psychoneuroimmunology	16: 627- 636
Wed., 11/28	Stress Management	16: 637-642
Fri., 11/30	Health Psychology – An emerging field	16: 649-653
Mon., 12/3	Personal Application of Chapters 3-8	
Wed., 12/5	Personal Application of Chapters 9-16	
Fri., 12/7	Psychology Bowl!!! Let's Review!! Study Everything.....	
Fri., Dec. 14	10am-noon Final Exam in Class (McD104) (60 questions, scantron)	All of it

Grading: Eight quizzes will be taken in the testing center. Your lowest quiz score will be dropped (ONLY ONE). The final exam is comprehensive.

quizzes	7 x 100 points each (25 questions each)	700 possible points
final exam	1 x 200 points (60 comprehensive questions)	200 “ “
activities	2 x 25 points	50 “ “

TOTAL: 950 possible points

The average completion time for quizzes is 20-25 minutes. NEVER WAIT UNTIL THE LAST MINUTE TO TAKE A QUIZ. THE TESTING CENTER MAY NOT BE ABLE TO ACCOMMODATE YOU IF YOU DO, AND YOU CANNOT MAKE THE QUIZ UP. Find the testing center today at the North Plaza. **Testing Center Phone Number: (435) 652-7696; testcenter@dixie.edu; www.dixie.edu/testing/ Go to their site for info about hours open.**

Quiz schedule

1. Chapters 1 and 2: Wed., Aug 29 to Thurs., Aug 30 open to close
2. Chapters 3 and 4: Wed., Sep 12 to Thurs., Sep 13 open to close
3. Chapters 6 and 7: Mon., Sep 24 to Tues., Sep 25 open to close
4. Chapters 8 and 9: Wed., Oct 3 to Thurs., Oct 4 open to close

5. Chapters 10 and 11: Fri., Oct 19 to Sat., Oct 20 open to close
6. Chapters 12 and 13: Wed., Oct 31 to Thurs., Nov 1
7. Chapters 5 and 14: Wed., Nov 14 to Thurs., Nov 15
8. Chapters 15 and 16: Fri., Nov 30 to Sat., Dec 1

Activity schedule

1. Personal Application One Due Monday, October 1
2. Personal Application Two Due Monday, November 1

Final Exam: December 14 10am to noon in our classroom

Final Grades will be determined on a standard percentage basis:

A = 93%, A- = 90%, B+ = 87%, B = 83%, B- = 80%, C+ = 77%, C = 73%, C- = 70%, and so forth.

Final Exam Schedule Mon - Dec 10		Tue - Dec 11		Wed - Dec 12		Thu - Dec 13		Fri - Dec 14	
Daily, MTWR, MWF, MW, M Only		TR, Tue Only		Daily, MTWR, MWF, MW, M Only		TR, Thur Only		Daily, MTWR, MWF, MW, M Only	
Class Time	Exam Time	Class Time	Exam Time	Class Time	Exam Time	Class Time	Exam Time	Class Time	Exam Time
7:00am	7:00-9:00am	7:30/8:00am	7:00-9:00am	8:00am	7:30-9:30am	9:00am	8:00-10:00a	9:00am	10:00-12:00pm
10:00am	9:30-11:30am	10:30am	9:30-11:30a	11:00am	10:00-12:00pm	12:00pm	11:00-1:00p	12:00pm	12:30-2:30pm
1:00pm	12:00-2:00pm	1:00pm	12:30-2:30p	2:00pm	12:30-2:30pm	2:30pm	2:00-4:00pm	3:00pm	3:00-5:00pm
4:00pm	2:30-4:30pm	4:00pm	3:00-5:00pm	Wed Only Classes		TR, Thur Only Classes		Fri Only Classes	
MW, M Only Classes		TR, Tue Only Classes		5:00pm	5:00pm	5:00pm	5:00pm	5:00pm	5:00pm
5:00	5:00pm	5:00pm	5:00pm	7:30pm	7:30pm	7:30pm	7:30pm	7:30pm	7:30pm
7:30	7:30pm	7:30pm	7:30pm						

FAQs: What is expected of me in Psy1010??

- **What if I don't want to come to class or I'm too busy??** *Then, take the course online. If you miss more than 5 classes, I reserve the right to dock your grade one step, e.g. C to C-. **Plan to be in class.** You may find Dixie's policy regarding attendance at <http://www.dixie.edu/humanres/policy/sec5/523.html>.*
 - *College approved absences: Dixie College Policy explains in detail what needs to happen if you anticipate being absent from class because of a college-sponsored activity (athletic events, club activities, field trips for other classes, etc). Please read this information and follow the instructions carefully! The policy can be found at: <http://www.dixie.edu/humanres/policy/sec5/523.html>*
- **Can I play World of Warcraft or update my Facebook page during class? No!! No computer use in class other than looking at Psy1010 power points.** *If I find out that you are using your computer for anything other than psy1010, I will consider you as absent from class, and I reserve the right to dock your grade. As a last resort, I may drop you from the class.*
- **What if "life happens" and I don't make it to a quiz??** *Your lowest quiz score will be dropped.*
- **What if I want to leave campus early in December??** *The final exam must be taken as scheduled for our class*
- **Academic Integrity:** Neither cheating of any kind nor plagiarism is tolerated. Students must take all quizzes and exams independently (without the help of others, except for appropriate disability services), and students are not allowed to share information (questions, answers, etc.) from quizzes and exams with anybody else until after the quiz or exam period has expired. No notes or books are to be used when taking exams. For further information regarding student responsibilities related to academic integrity, please refer to Section 5.33.5 of the DSC policy, which can be viewed at

<http://www.dixie.edu/humanres/policy/sec5/533.html>. Students guilty of cheating/plagiarism will be dealt with according to college policy as found at <http://www.dixie.edu/humanres/policy/sec3/334.html>.

3-34 ACADEMIC DISCIPLINE

34.1 **Cheating:** Academic dishonesty in any form will not be tolerated at Dixie State College, including but not limited to plagiarism on written assignments, submitting other person's work as one's own, and cheating on exams or quizzes. Teachers at Dixie State College may discipline students proven guilty of academic dishonesty by:

34.1.1 Giving a failing grade on the specific assignment where dishonesty occurred,

34.1.2 Failing the student in the entire course,

34.1.3 Immediately dismissing and removing the student from the course, and/or

34.1.4 Referring the student to Student Affairs, a committee which may reprimand, place on probation, suspend, and/or expel the student.

34.2 **Disruptive Behavior:** Teachers at Dixie State College have the right to manage the classroom environment to ensure a good learning climate. Toward this end, teachers (or college security) may dismiss and remove disruptive students from individual class activities. If a student's behavior continues to disrupt class activities, the teacher may dismiss and cause the removal of disruptive students from their course.

34.3 **Student Appeals:** Students who believe themselves wrongfully disciplined may appeal those disciplinary actions through the standard grievance procedure. (Policy 5-35)

- **Disability Accommodations:** Students with medical, psychological, learning or other disabilities desiring reasonable academic adjustment, accommodations, or auxiliary aids to be successful in this class will need to contact the DISABILITY RESOURCE CENTER Coordinator (Baako Wahabu) for eligibility determination. Proper documentation of impairment is required in order to receive services or accommodations. DRC is located in the North Plaza Building. Visit or call 652-7516 to schedule appointment to discuss the process. DRC Coordinator determines eligibility for and authorizes the provision of services.
- **College resources:** Several college resources are available to help you succeed. Check out the links for each one to get more information.

If you need help understanding the content of your courses, go to the Tutoring Center located on the 4th floor of the Holland Centennial Commons in Room 431. You can visit them online at <http://dsc.dixie.edu/tutoring/>

If you need help writing papers, go to the Writing Center on the fourth floor of the Holland Centennial Commons in room 421. You can also visit them online at http://new.dixie.edu/english/dsc_writing_center.php

If you need to use a computer to do schoolwork on campus, go to the Smith Computer Center or in the Dixie College library on the second, mezzanine, or third floors of the HCC.

If you are assigned to take a test in the Testing Center, go to the North Plaza. You can get information on their website at <http://new.dixie.edu/testing/>

The Library has all kinds of information and resources. Visit the Dixie State College Library on the 2nd, and 3rd floors of the Holland Centennial Commons, or go to the library website at <http://library.dixie.edu/>