

## Psychology 1010 - Introduction to Psychology (3 credits) MCD 103

Spring 2010 (Jan 11, 2010 – May 6, 2010) - CRN 24262 – Mon, Wed, Friday – 4:00 pm – 4:50 pm, MCD 103

Instructor: Colin Metzger MCD 103

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### Required Text:

Baron, Robert A. Psychology: From Science to Practice (2<sup>nd</sup> edition). Pearson Education Inc. (2008).

- no prerequisites or co-requisites are required
- fulfills social science requirement for Dixie State College Associate Degrees.
- Instructional Methods: Lecture, PowerPoint, group discussion, videos and activities.

### Course Description:

For students in all disciplines who are interested in the fundamental scientific principles of behavior. The student will study learning, motivation, emotion, personality, mental disorders, treatment alternatives and other related subjects as part of the course. Critical thinking will be explored in examining these aspects of behavior. Students will have frequent examinations and quizzes as part of the course requirements. This course satisfies general education requirements in the social sciences area. 3 lecture hours per week.

### Americans with Disabilities Act (ADA):

Proper documentation of an impairment is required in order to receive services or accommodations:

*"If you are a student with a medical, psychological or a learning difference and requesting reasonable academic accommodations due to this disability, you must provide an official request of accommodation to your Professor(s) from the Disability Resource Center within the first two weeks of the beginning of classes. Students are to contact the Center on the main campus to follow through with, and receive assistance in the documentation process to determine the appropriate accommodations related to their disability. You may call (435) 652-7516 for an appointment and further information regarding the Americans with Disabilities Act (ADA) of 1990 per Section 504 of the Rehabilitation Act of 1973."*

**Class Expectations:**

Students are expected to attend class regularly. There are no 'excused' absences. Roll will be taken in class each day. Please respect other students and turn off your mobile phones before class. Also, do not leave class while it is in session unless it is an emergency.

**Dixie State College Policy 3-34 Academic Discipline**

34.1 Cheating: Academic dishonesty in any form will not be tolerated at Dixie State College, including but not limited to plagiarism on written assignments, submitting other person's work as one's own, and cheating on exams or quizzes. Teachers at Dixie State College may discipline students proven guilty of academic dishonesty by: 34.1.1 Giving a failing grade on the specific assignment where dishonesty occurred, 34.1.2 Failing the student in the entire course, 34.1.3 Immediately dismissing and removing the student from the course, and/or 34.1.4 Referring the student to Student Affairs, a committee which may reprimand, place on probation, suspend, and/or expel the student. 34.2 Disruptive Behavior: Teachers at Dixie State College have the right to manage the classroom environment to ensure a good learning climate. Toward this end, teachers (or college security) may dismiss and remove disruptive students from individual class activities. If a student's behavior continues to disrupt class activities, the teacher may dismiss and cause the removal of disruptive students from their course. 34.3 Student Appeals: Students who believe themselves wrongfully disciplined may appeal those disciplinary actions through the standard grievance procedure.

**Department & Course Objectives:**

- Demonstrate an ability to examine human behaviors as a way of understanding the human condition.
- Express points of view based on social scientific knowledge.
- Exhibit elements of critical thinking and scientific methodology in examining human behavior.
- Name the major pioneers in psychology, such as Freud, Pavlov, Piaget, Kohlberg, Maslow, and Skinner, and describe the contribution(s) each has made to the development of psychology.
- Name and describe each of psychology's major perspectives: biological, psychoanalytic, behavioral, humanistic, cognitive, and social-cultural.
- Identify psychological research methods - descriptive, correlational, and experimental - and apply that understanding in evaluating the validity of popular psychological claims.
- Apply psychological principles to their own lives by suggesting methods they might use to understand themselves and others more fully, to increase personal growth and development, to improve interpersonal relationships, and to maximize professional competence.

## **Dixie State College Support Resources:**

- Val A. Browning Library ([library.dixie.edu](http://library.dixie.edu))
- Writing Center (Browning Building)
- Online Writing Center ([dsc.dixie.edu/owl](http://dsc.dixie.edu/owl))
- Advisement ([new.dixie.edu/advisement/](http://new.dixie.edu/advisement/))
- Tutoring Center (Browning Building)

## **Spring 2010 – Important Dates**

Jan 11 Classwork Starts

Jan 13 Last Day to Add Without Signature

Jan 18 Martin Luther King Jr. Day

Jan 19 Drop fee begins (\$10 per class)

Jan 26 \$50 Late Registration/Payment Fee

Feb 2 Last Day for Refund

Feb 2 Last Day to drop without receiving a "W" grade

Feb 3 Courses dropped for non-payment

Feb 5 Last Day to ADD Classes

Feb 15 President's Day

Mar 5 Last Day to DROP/AUDIT Classes

Mar 8-12 Spring Break

Apr 2 Last Day for Complete Withdrawal

Apr 29 Classwork Ends

Apr 30 Final Exams

May 3-6 Final Exams

May 7 Commencement

**Grading:** Based on scores from quizzes, short answer packets, chapter exams, mid-term project, analysis paper and a comprehensive final exam.

**Short Answer Packets:** Three packets will be handed in and will each be worth 15 points. All responses must be typed unless specified. Students will submit packets via Blackboard Vista as noted on course schedule. ***No late packets will be accepted.*** Each packet will include questions from the following (*same as the unit exams*):

**Packet 1:** Chapters 1 & 2

**Packet 2:** Chapters 4,5,6,9

**Packet 3:** Chapters 8,3,7,9

**Chapter Exams:** Three 40-question exams covering the following chapters. Exams will be proctored in the Testing Center using Blackboard Vista.

**Exam 1:** Chapters 1 & 2

**Exam 2:** Chapters 4,5,6,9

**Exam 3:** Chapters 4,5,6,9

**Final Exam:** (70 points) Chapters 11, 12, 13 class presentations & 3 comprehensive short-answer questions.

The tests may be a combination of multiple choice, fill-in-the-blank, True False, and short answer questions and will be taken at the testing center. Students will hand in the corresponding packet as marked on the class schedule. For the most part, exams will cover information from the text; however, they may also include questions on video, handouts, or class discussions. Schedule an appointment to take an early exam or a late exam.

**Early Exams:** You are expected to take tests on scheduled days. However, if you cannot take the test on the scheduled day(s) for reasons that are beyond your personal control, you may take a test early without penalty. The test will be an alternate multiple choice/fill-in-the-blank version.

**Late Exams:** If you do miss a test, you may make up the test; however, the test will be an alternate format from the one taken in class and the test score will be lowered by 10% (3 points). This may not seem like much, but it is the equivalent of a full letter grade. There is no make-up test option for the final exam. Points will be deducted from a late test score regardless of the reason for missing the test.

### **Class Participation:**

There will be points awarded for class participation throughout the semester based on attendance, quizzes, activities, handouts, etc. You will receive 0 points for each missed participation and I will drop your lowest participation score. *There is no make-up for participation.*

### **Mid-Term Project:**

Students will complete an APA style paper covering a psychological disorder. A list of possible topics will be given in class; only one person per psychological disorder. The paper must be 6-7 pages in length (including reference and title pages), use a normal font size (10-12) with 1" margins and include a title page. Students must use at least 4 references with 2 references from different types of sources (i.e. 1 journal, 1 website, 1 interview). All references must be cited within the body of the paper. Cover such topics as causes, treatment, prevalence, and future outlook. . Please contact me if you have questions concerning this project or APA style. **No late projects will be accepted**

Students will also prepare a hands-on educational activity (i.e. game, group activity, experiment) to be handed in with the paper. The activity portion will account for 20 points of the project grade and students will present their projects in class.

### **APA Style Guide:**

Go to <http://dsc.dixie.edu/reber/APAstyle/APAstyle.htm> or access this site from the DSC home page. Go to [www.dixie.edu](http://www.dixie.edu) than click the link <online writing lab>.

Points will be assigned based on the following criteria:

- Length of paper
- Organization
- Spelling and Grammar
- APA style
- Synthesis of Material
- Educational Activity (presented in class as noted on class schedule)



**Class Schedule:** The instructor reserves the right to make changes to the class schedule and/or topics. Students should complete reading assignments **before** each class period as this will aid your understanding of the material and preparation for quizzes. Students are responsible for exam material even if not covered in class lectures.

| Week of ... | Day | Readings & Topics  | Assignments Due   |
|-------------|-----|--|---|
| 1/11 – 1/15 | MWF | Chapter 1: What It Is . . . and What it Offers                                   | Participation 1, 2, 3   |
| 1/18 – 1/22 | WF  | Chapter 2: Biological Bases of Behavior<br>Class Business: Syllabus, Assignments | Participation 4, 5<br>Packet 1 available on Vista 1/18                      |
|             |     | <b>EXAM 1 OPEN IN TESTING CENTER</b><br><b>1/22 at 5pm until 1/25 at 9pm</b>     | <b>Packet 1 due by 1/25 by 11:59pm</b><br><b>Submit on Blackboard Vista</b> |
| 1/25 – 1/29 | MWF | Chapter 4: States of Consciousness   | Participation 6, 7, 8   |
| 2/1 – 2/5   | MWF | Chapter 5: Learning  | Participation 9, 10, 11   |
| 2/8 – 2/12  | MWF | Chapter 5: Learning  | Participation 12, 13, 14  |
| 2/15 – 2/19 | WF  | Chapter 6: Memory and Cognition  | Participation 15, 16  |
| 2/22 – 2/26 | MWF | Chapter 9: Intelligence Understanding Ind. Differences<br>pp.360-373             | Participation 17, 18, 19<br>Packet 2 available on Vista 2/22                |
|             |     | <b>EXAM 2 OPEN IN TESTING CENTER</b><br><b>2/26 at 5pm until 3/1 at 9pm</b>      | <b>Packet 2 due by 3/1 by 11:59pm</b><br><b>Submit on Blackboard Vista</b>  |
| 3/1 – 3/5   | MWF | Chapter 8: Motivation and Emotion<br>Chapter 3: Sensation and Perception         | Participation 20, 21, 22  |
| 3/8 – 3/12  |     | NO CLASS THIS WEEK – SPRING BREAK  |   |
| 3/15 – 3/19 | MWF | Chapter 7: Developing Through the Life Span                                      | Participation 23, 24, 25  |
| 3/22 – 3/26 | MWF | Chapter 9: Personality Understanding Ind. Differences<br>pp. 338-357             | Participation 26, 27, 28<br>Packet 3 available on Vista 3/22                |
|             |     | <b>EXAM 3 OPEN IN TESTING CENTER</b><br><b>3/26 at 5pm until 3/29 at 9pm</b>     | <b>Packet 3 due by 3/29 at 11:59pm</b><br><b>Submit on Blackboard Vista</b> |

|             |     |   |                          |
|-------------|-----|---|--------------------------|
| 3/29        | M   | <b>RESEARCH PAPER DUE – submit in class</b>               |                          |
| 3/29 – 4/2  | MWF | Class Presentations                                       | Participation 29, 30, 31 |
| 4/5 – 4/9   | MWF | Chapter 11: Mental Disorders                              | Participation 32, 33, 34 |
| 4/12 – 4/16 | MWF | Chapter 12: Psychological Treatments                      | Participation 35, 36, 37 |
| 4/19 – 4/23 | MWF | Chapter 13: Social Thought and Social Behavior            | Participation 38, 39, 40 |
| 4/26 – 4/30 | MWF | Chapter 13: Social Thought and Social Behavior            | Participation 41, 42, 43 |
| 5/3 – 5/7   |     | Final Exam Week – check Spring Schedule for specific time | Participation 44         |