

Lifespan Development

PSY 1100, CRN 24555

SPRING 2012

INSTRUCTOR:

DANNELLE LARSEN-RIFE, PH.D.

CONTACT INFORMATION

Phone: (435)652-7823

e-mail: Through Blackbaord is preferred, or dlarsenrife@dixie.edu

Office Location: 219 McDonald

Office Hours: Monday 1:00 to 3:30 pm,
Wednesday 1:00 to 2:30 pm and Th 3:45 to
4:45 pm, or by appointment

REQUIRED TEXT

Belsky, J. (2010). *Experiencing the Lifespan*, 2nd Edition. New York: Worth Publishers. ISBN: 1-4292-5323-1. Available at the Dixie State College bookstore and through online retailers.

IMPORTANT DATES

| | |
|--|--------|
| Classwork starts | 9 Jan |
| Last day to add without a signature | 11 Jan |
| Drop/Audit fee begins (\$10 per | 17 Jan |
| \$50 Late registration/Payment fee | 24 Jan |
| Last day for a refund, Pell Grant census, Last day to drop without receiving a "W" grade | 31 Jan |
| Courses dropped for nonpayment | 1 Feb |
| Last day to apply for graduation | |
| Last day to ADD classes | 3 Feb |
| Last day to DROP/AUDIT classes | 2 Mar |
| Last day for complete withdrawal | 6 Apr |
| Classwork ends | 26 Apr |
| Final Exam | 27 Apr |

Course Description

For all students who are interested in knowing how and why people change through the course of a lifetime. Covers biological, cognitive, and social changes from prenatal development to late adulthood. Studies scientific methods of collecting and interpreting data, analyzes developmental events from various perspectives, and focuses on applying this knowledge to one's own development. Utilizes textbook reading, tests, quizzes, and may include journal writing. This course satisfies general education requirements in the social sciences area. 3 lecture hours per week.



Human embryo 6 weeks

Philosophy/Expectations

This course will operate on the philosophy that active engagement with material fosters quality learning. There will be ample opportunity for online discussion. Students are expected to read assigned text prior to discussion and be prepared to participate in discussion to maximize the learning experience. The provided course calendar indicates when topics will be covered; however, please allow for some flexibility in the schedule.

Social Science Program Objectives



Infancy

As an outcome of taking courses in the Social Science program, students shall:

1. Demonstrate the ability to examine human behaviors in a structured and organized way as a means of understanding the human condition. Measured by examination and/or oral and written reports.

2. Demonstrate the ability to recognize the ideas, people and events that are generally thought to be important by social scientists. Measured by examination and/or oral or written reports.

3. Develop a perceptual frame of reference based on social scientific knowledge. Measured by the presence

of an attitudinal frame of reference which would be expressed in written or oral activities.

4. Exhibit concepts of critical thinking and scientific methodology in examining human behavior. Measured by the presence of an attitudinal frame of reference which would be displayed in written or

“Babies control and bring up their families as much as they are controlled by them; in fact the family brings up the baby by being brought up by them”

Erik H. Erikson

Course Objectives and Outcomes

The primary objective of this course is to provide an overview of human development across the lifespan as well as developmental research methodology. By the end of this course, students should be able to:

- Demonstrate knowledge of the major fields of psychology.
- Demonstrate knowledge of major theorists in developmental psychology and their theories.
- Demonstrate knowledge of developmental research methodology.
- Demonstrate knowledge of major issues and

concepts in developmental psychology.

- Demonstrate knowledge of empirical findings in developmental psychology.



Toddlerhood



Childhood



Early childhood

Examinations

will be administered in the Testing Center (you will be required to present your student ID to take the exam) between the hours of 9:00 am and 9:00 pm Monday through Friday and 4:00 pm to 9:00 pm Saturday and Sunday over a three-day period. Please see the Testing Center website for further information and to verify hours of operation.

EXAM 2 CANNOT BE DROPPED. No early or make-up exams will

be permitted for any of the exams under any circumstance.

The exams may consist of multiple choice, true/false and matching items from the material presented prior to the examination.

Exam Schedule:

| | <u>Date</u> | <u>Location</u> | <u>Points</u> |
|---------------|-------------|-----------------|---------------|
| <u>Exam 1</u> | Feb 3-5 | Blackboard | 100 |
| <u>Exam 2</u> | Feb 24-26 | Testing Ctr. | 100 |
| <u>Exam 3</u> | Mar 23-25 | Blackboard | 100 |
| <u>Exam 4</u> | Apr 24-26 | Blackboard | 100 |

There will be 4 mid-semester exams and one final examination. Your lowest mid-semester exam grade will be dropped from the calculation of your final grade. Three exams will take place through BlackBoard Vista starting at 6:00 am the first day and ending at 11:59 pm the last day of the scheduled exam and two exams

Final Exam

The final exam will be cumulative, covering all of the material presented in the course (text and all presentation materials, including vid-

eos) and will also include multiple choice, true/false and matching items.

The final exam cannot be dropped.

The final exam will take place on April 27, 2012, in the Testing Center between the hours of 9:00 am and 9:00 pm.

*“The propensity to make strong emotional bonds to particular individuals [is] a basic component of human Nature”
John Bowlby*

Grading

The midterms and final examination are each worth one-quarter of your total grade (400 points total).

You may receive up to 25 extra credit points (for a maximum total of 400 points for the course) for taking advantage of extra credit opportunities presented randomly during the course.

| <u>Grade</u> | <u>Points</u> | <u>Grade</u> | <u>Points</u> |
|--------------|---------------|--------------|---------------|
| A | 372—400 | C | 292—307 |
| A- | 360—371 | C- | 280—291 |
| B+ | 348—359 | D+ | 268—279 |
| B | 332—347 | D | 252—267 |
| B- | 320—331 | D- | 240—251 |
| C+ | 308—319 | F | 239 or less |



Adolescence

Projected Course Calendar

| Date | Course Topic/Assignment |
|---|--|
| MODULE 1 | |
| Week 1 1/9-1/13 | Begin Module 1: Course introduction; respond to Questions under “We are All Developing” Chapter 1: The people and the field; Watch Life’s Greatest Miracle parts 1—3 and 4-8 |
| Week 2 1/16-1/20 | Chapter 1: Research methods, and Chapter 2: Prenatal development and pregnancy; |
| Week 3 1/23-1/27 | Chapter 2: Birth and the newborn, and Chapter 3: Infant physical development ; Watch a minimum of 3 videos from Births; Listen to Baby Cries; Watch States of Arousal; Participate in discussion on birth options. Discussion opens on January 23, 2012 |
| Week 4 1/30-2/3 | Chapter 3: Infant Physical and Cognitive development; Watch Visual Cliff; Optional: Watch Male Circumcision and participate in discussion on male circumcision (discussion opens on January 30, 2012); Watch Gesturing (Baby Signs) |
| Exam 1 opens at 6:00 am February 3 and closes on February 5, 2012 at 11:59 pm; BLACKBOARD | |
| MODULE 2 | |
| Week 5 2/6-2/10 | Begin Module 2: Chapter 4: Attachment, settings for development and toddlerhood; Watch Harlow and 3 Strange Situations; Participate in discussion on Attachment. Discussion opens on February 8, 2012. |
| Week 6 2/13-2/17 | Chapter 5: Physical and cognitive development in childhood; Watch Piaget’s Conservation Tasks; Do Star Task; Watch Theory of Mind |
| Week 7 2/20-2/24 | Chapter 6: Personality and relationships; read Not in Praise of Praise |
| Exam 2 opens at 9:00 am February 24 and closes on February 26, 2012 at 9:00 pm; TESTING CENTER/PROCTORED | |
| MODULE 3 | |
| Week 8 2/27-3/2 | Begin Module 3: Chapter 7: Settings for Development; Review the Home; Participate in the Intelligence challenge |
| Week 9 3/5-3/9 | Chapter 8: Adolescence: Physical Development; Participate in survey on puberty; Watch Dying to be Thin; Read The Virginity Industry, and Sexuality; Participate in Looking Back |
| Week 10 3/12-3/16 | Spring Break |
| Week 11 3/19-3/23 | Chapter 9: Cognitive and Socioemotional Development; Chapter 10: Constructing an Adult Life: identity development and career, love; Participate in discussion regarding your current stage and contradictions in identity. Discussion opens on March 19, 2012. |
| Exam 3 opens at 6:00 am March 23 and closes on March 25, 2012 at 11:59 pm; BLACKBOARD | |
| MODULE 4 | |
| Week 12 3/26-3/30 | Begin Module 4: Chapter 11: Relationships and Roles; watch video, John Gottman; |
| Week 13 4/2-4/6 | Chapter 12: Midlife; watch Thinking About Retirement |
| Week 14 4/9-4/13 | Chapter 13: Cognitive and socioemotional development in later life; |
| Week 15 4/16-4/20 | Chapter 14: Physical changes in old age; Watch the Empathy Suit; |
| Week 16 4/23-4/27 | Chapter 15: Death and dying; watch The Last Lecture; |
| Exam 4 opens at 6:00 am April 24 and closes on April 26, 2012 at 11:59 pm; BLACKBOARD | |
| April 27, 2012 | Final exam opens at 9:00 am and closes at 9 pm; TESTING CENTER/PROCTORED |

Academic Honesty

As stated in the DSC Student Handbook; “Academic dishonesty in any form will not be tolerated at Dixie State College (Academic Discipline Policy, 3.34)” including cheating, and plagiarism. These acts of academic dishonesty are strictly prohibited.



Emerging adulthood

Disruptive Behavior Policy



Adulthood

If your conduct in class affects the learning atmosphere of the class, the instructor reserves the right to drop you from the class. This will happen using the following procedure:

Verbal warning that your behavior is negatively affecting the class.

Written warning that you are negatively affecting the class.

Removal from the class. The instructor will inform the student in writing of this, along with contact information for a supervisor of the instructor so the student can appeal if desired.

The instructor has the right to all means of academic discipline outlined in the Academic Discipline Policy: <http://www.dixie.edu/humanres/policy/sec3/334.html>

Student Support Services



Midlife

If you suspect or are aware that you have a disability that may affect your success in the course you are strongly encouraged to contact the Disability Resource Center (DRC) located in the North Plaza Building. The disability will be evaluated and eligible students will receive assistance in obtaining reasonable accommodations. Phone (435) 652-7516.

Policies for Absences Due to College Related Functions

For students, such as student athletes, who travel as official representatives of the college, absences due to college functions will not negatively affect the student's grade. The student is required to provide the instructor with a schedule of days that will be missed and will be required to negotiate any scheduled work ahead of time with the instructor.

Campus Resources

IT Student Help Desk:

The IT Student Help Desk is located in the Smith Computer Center. For more information go to dixie.edu/helpdesk.

Library: For information concerning the library and hours of operation go to library.dixie.edu.

Computer Lab: The Computer Lab is located in the Smith Computer Center. For more information go to <http://new.dixie.edu/cit/cis/>.

Writing Center: The Writing Center is located on the first floor of the Browning Learning Resource Center if you need assistance with a written assignment in any class. For more information go to dixie.edu/english/dsc_writing_center.php.

Testing Center: The Testing Center is located in the North Plaza. For more information go to dixie.edu/testing.

Tutoring Center: The Tutoring Center is located on the first floor of the Browning Learning Resource Center. For more information go to dixie.edu/tutoring.



Old age

Dmail

You are required to check your dmail account. Important class and college information will be sent to your dmail account, including DSC bills, financial aid/scholarship notices, and notices of cancelled classes, reminders of important dates and deadlines, and other information critical to your success at DSC and in your courses. To access your Dmail account, visit go.dixie.edu/dmail. If you do not know your Dmail username or you have forgotten your PIN, visit go.dixie.edu/mydixie and follow the respective instructions.



John Bowlby