

**Syllabus and Course Outline**  
**PSY 3400-03**  
**Psychology of Abnormal Behavior**  
**Dixie State College**  
**Spring 2012**

**Instructor:** Dr. Christine E. Chew

**Class Meets on:** M/W/F      **Time:** 11-11:50am

**Room:** McDonald Bldg. 206

**Telephone:** (435) 879-4404

**E-Mail:** chew@dixie.edu

**Office:** McDonald Building (MCD) 218

**Office Hours:** M/W/F 12-1pm  
T/Th 11:45-12:45pm

PROGRAM: Psychology

CREDIT HOURS: 3

CONTACT HOURS: Lecture: 3

**COURSE DESCRIPTION:**

This course is a special topics course that will explore the origins and nature of abnormal psychology, as well as characteristics and treatments.

**MAJOR COURSE LEARNING OBJECTIVES:**

Upon successful completion of this course the student will be expected to:

1. To develop basic knowledge of the theoretical background of abnormal psychology, to identify different disorders, and manifestations of dysfunctional behaviors.
2. Understand how we know what we know in the psychological pathology, with regard to research.
3. Critically think about and evaluate diagnosis paradigms as well as speak to the challenges and the strengths of diagnosing psychological disorders.

4. Apply knowledge in a useful way to the complexities of the field.
5. Understand the history of the field and the future of the field.

### **COURSE METHODS:**

The course will be as a lecture/ seminar, with each student asked to consider particular questions during class discussions and reading material, and comment in the class on these issues. We will focus on:

1. Readings in relevant texts and articles
2. Lectures which discuss the readings
3. Small group exercises and self reflection exercises
4. Examination of the relevant literature in the field
5. Exams

**Email is the preferred method for contacting the professor outside of class.**

When emailing the professor the subject line should read **Introduction to Psychology**.

### **GENERAL CLASS CONDUCT**

<b>ALL CELL PHONES <u>OFF</u> WHEN YOU ENTER THE CLASSROOM</b>
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**Attendance at all scheduled classes is required.**

### **Disruptive Behavior**

Students are expected to approach the class as mature adults and to conduct themselves accordingly. While questions and interaction with the instructor are encouraged during the seminar, disruptive remarks, behavior and unnecessary personal conversations between students will not be tolerated. At times a topic or topic matter may contain sensitive issues. It is imperative that we all conduct ourselves with respect for others even should we disagree with someone's view point. Our classroom is a "safe" space, which requires that students agree to keeping sensitive matters confidential, and to respect each other's privacy with regard to personal remarks in classroom.

Please refrain from:

**Coming in late or leaving early.** It is imperative that you make the commitment to be in class the entire class length.

Doing other work or other activities aside from the classwork that is being presented or assigned.

Sleeping during the class.

Listening to I-pods or other portable music/audio devices.

Talking or texting on cell phones.

Making jokes or having discussions with others in the class that would be disruptive to others.

For more details, please see the disruptive behavior policy at:  
<http://www.dixie.edu/humanres/policy/sec3/334.html>

## **REQUIRED MATERIALS**

### **Texts:**

Title: **Essentials of Abnormal Psychology**

Authors: Durand and Barlow

Edition: Fifth Edition

Publisher: Wadsworth Cengage

## **CLASS STRUCTURE**

In general, the class will follow seminar / discussion format. All text material will not be covered in class. However, students are responsible for all material in the text reading assignments and handouts.

Typically, classes will consist of lecture, discussion, and experiential type of activities. Attendance will be taken randomly in the **first five minutes** of class. If you are late you will not receive credit for attendance that day.

## **EVALUATION:**

Grading will be based upon possible points in the course distributed as follows:

1. 5 scheduled exams (worth 50 points)	300 points
2. Final Exam	50 points
2. Attendance	50 points

**TOTAL      400 points**

## **GRADING SCALE:**

A = (90 – 100%)  
A- = (88-89%)  
B = (80 – 87%)  
B- = (78-79%)  
C = (70 -77%)  
D = (60 – 69%)  
F = (59% and less)

## **EXAMINATIONS:**

Grades will be determined in part based on student performance on exams. (50 pts each)

### **Final Exam:**

The final exam will be cumulative, but very broad. You can expect a variety of questions from the course; however they will be very general in nature.

### **Make Up Policy**

As a rule, there will not be any make up exams in this course. Talk further with the instructor for excused absences as per college policy.

***The professor reserves the right to assign activities as is deemed necessary during the semester.***

## **READING ASSIGNMENTS:**

You will be expected to complete the required reading assignments outlined in the course schedule, regarding assessment issues, prior to class and incorporate this learning into your comments during lecture and case presentations.

## **COURSE OUTLINE**

<b><u>Jan 9:</u></b>	<b>Course Introduction</b>
<b><u>Jan 11:</u></b>	<b>Introduce a friend</b>
<b><u>Jan 13:</u></b>	<b>What is Abnormal?</b>
<b><u>Jan. 16:</u></b>	<b>Holiday/No class</b>
<b><u>Jan 18:</u></b>	<b>Chapter 1 : History of Abnormal Psychology</b>
<b><u>Jan 20:</u></b>	<b>History Con't</b>
<b><u>Jan 23:</u></b>	<b>Interest topic: Exorcism as treatment</b>
<b><u>Jan 25:</u></b>	<b>Chapter 2 : Research and Diagnosis</b>
<b><u>Jan 27:</u></b>	<b>Diagnosis and Ethics Con't</b>
<b><u>Jan 30:</u></b>	<b>Anxiety Disorders</b>
<b><u>Feb 1:</u></b>	<b>Anxiety Disorders</b>
<b><u>Feb 3:</u></b>	<b>Review for Exam #1</b>
<b><u>Feb 6-7:</u></b>	<b>Exam #1 in testing center</b>
<b><u>Feb 8:</u></b>	<b>Mood Disorders</b>
<b><u>Feb 10:</u></b>	<b>Mood Disorders</b>
<b><u>Feb 13:</u></b>	<b>Personality Disorders: Cluster A</b>
<b><u>Feb 15:</u></b>	<b>Personality Disorders: Cluster B</b>
<b><u>Feb 17:</u></b>	<b>Personality Disorders: Cluster C</b>
<b><u>Feb 22:</u></b>	<b>Exam #2 Review</b>
<b><u>Feb.23- 24</u></b>	<b>Exam #2 in testing center</b>
<b><u>Feb 27:</u></b>	<b>Substance Disorders</b>
<b><u>Feb: 29:</u></b>	<b>Special Topic</b>
<b><u>March 2:</u></b>	<b>Childhood Disorders</b>
<b><u>March 5:</u></b>	<b>Childhood Disorders</b>
<b><u>March 7:</u></b>	<b>Review for Exam #3</b>
<b><u>March 8-9</u></b>	<b>Exam #3 in testing center</b>
<b><u>March 19:</u></b>	<b>Somatoform Disorders</b>
<b><u>March 21:</u></b>	<b>Somatoform Disorders</b>
<b><u>March 23 :</u></b>	<b>Dissociative Disorders</b>
<b><u>March 26:</u></b>	<b>Dissociative Disorders</b>
<b><u>March 28:</u></b>	<b>Eating Disorders</b>
<b><u>March 30:</u></b>	<b>Review for Exam #4</b>
<b><u>April 2-3:</u></b>	<b>Exam #4 in testing center</b>
<b><u>April 4:</u></b>	<b>Schizophrenia</b>
<b><u>April 6:</u></b>	<b>Schizophrenia</b>

<u>April 9:</u>	Catch up
<u>April 11:</u>	Special interest: Forensic Psychologists
<u>April 13:</u>	Treatment of Psychological Disorders
<u>April 16:</u>	Treatment Con't
<u>April 18:</u>	Review for Exam #5
<u>April 19-20</u>	Exam #5 in testing center
<u>April 23</u>	Catch up day/special topic
<u>April 25:</u>	Review for Final Exam

Final Exam: Weds, May 2: 10am

<b>* ALL TEST DATES AND ASSIGNMENTS SUBJECT TO CHANGE **</b>
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### Dmail:

Important class and college information will be sent to your Dmail account. This information includes your DSC bill, financial aid/scholarship notices, notification of dropped classes, reminders of important dates and events, and other information critical to your success in this class and at DSC. All DSC students are automatically assigned a Dmail account. If you don't know your user name and password, go to [www.dixie.edu](http://www.dixie.edu) and select "Dmail," for complete instructions. You will be held responsible for information sent to your Dmail email, so please check it often.

### Important Dates to Remember:

Jan 9	Classwork Starts
Jan 11	Last Day to Add Without Signature
Jan 16	Martin Luther King Jr. Day
Jan 17	Drop/Audit Fee Begins (\$10 per class)
Jan 24	\$50 Late Registration/Payment Fee
Jan 30	Graduation Application Deadline
Jan 31	Pell Grant Census
Jan 31	Last Day for Refund
Jan 31	Last Day to drop without receiving a "W" grade
Feb 1	Courses dropped for non-payment
Feb 3	Last Day to ADD Classes
Feb 20	President's Day
Feb 27	Mid-Term Grades Due
Mar 2	Last Day to DROP/AUDIT Classes

Mar 12-16	Spring Break
Mar 19	Summer Registration open to Seniors (90+ earned credits)
Mar 20	Summer Registration open to Juniors (60+ earned credits)
Mar 21	Summer Registration open to Sophomores (30+ earned credits)
Mar 22	Summer Registration open to All Students
Apr 6	Last Day for Complete Withdrawal
Apr 16	Fall Registration open to Seniors (90+ earned credits)
Apr 17	Fall Registration open to Juniors (60+ earned credits)
Apr 18	Fall Registration open to Sophomores (30+ earned credits)
Apr 19	Fall Registration open to All Students
Apr 26	Classwork Ends
Apr 27	Final Exams
Apr 30, May 1-3	Final Exams
May 4	Commencement

### **Disability Accommodations:**

Students with medical, psychological, learning or other disabilities desiring reasonable academic adjustment, accommodations, or auxiliary aids to be successful in this class will need to contact the DISABILITY RESOURCE CENTER Coordinator (Baako Wahabu) for eligibility determination. Proper documentation of impairment is required in order to receive services or accommodations. DRC is located in the North Plaza Building. Visit or call 652-7516 to schedule appointment to discuss the process. DRC Coordinator determines eligibility for and authorizes the provision of services.

### **College resources:**

Several college resources are available to help you succeed. Check out the links for each one to get more information. If you need help understanding the content of your courses, go to the **Tutoring Center** located in the Browning Learning Center, Room 105. There is a schedule of what courses have tutors at what times outside the door. You can also visit them online at <http://dsc.dixie.edu/tutoring/> If you need help writing papers, go to the Writing Center in the Browning Learning Center, Room 105. You can also visit them online at [http://new.dixie.edu/english/dsc\\_writing\\_center.php](http://new.dixie.edu/english/dsc_writing_center.php)

If you need to use a computer to do schoolwork on campus, go to the Computer Center in the Smith Computer Center or the Library basement.

If you are assigned to take a test in the Testing Center, go to the North Plaza. You can get information on their website at <http://new.dixie.edu/testing/>

The Library has all kinds of information and resources. Visit the Val Browning Library or go to the library website at <http://library.dixie.edu/>

### **Academic integrity:**

DSC believes that most students are honest. However, cheating will not be tolerated, and if discovered, a zero grade will be given for that assignment or exam, and you will not be allowed to make it up. Repeated or aggravated offenses will result in failing the course. Any time you take credit for work you did not do, you are cheating. This includes getting the answers to homework problems from someone else, copying information from a library or internet source and presenting it as if it were your own words which is called plagiarism. Plagiarism is a particularly serious offense in academia.

Looking at someone else's answers on an exam, and asking someone who has already taken a test about what questions it contains also constitutes cheating. This course has been designed to minimize the temptation to cheat, however it is not the job DSC or the instructor to make things "cheat proof." If you cheat and are not caught, it doesn't mean that you "beat the system." It means you violated the Student Code and forfeited your integrity.

For further information on the Student code please refer to <http://library.dixie.edu/policies/studentcodesectionfour.pdf> page 8. DSC is committed to helping students honor the student code and to have consequences for those who do not abide by its standards.

### **COPYRIGHT STATEMENT:**

Students shall adhere to the laws governing the use of copyrighted materials. They must insure that their activities comply with fair use and in no way infringe on the copyright or other proprietary rights of others and that the materials used and developed at Union College contain nothing unlawful, unethical, or libelous and do not constitute any violation of any right of privacy.