

Syllabus and Course Outline
PSY 1010-04
Introduction to Psychology
Dixie State College
Fall 2011

Instructor: Dr. Christine E. Chew

Class Meets on: M/W/F **Time:** 9-9:50am

Room: SSC319

Telephone: (435) 879-4404

E-Mail: chew@dixie.edu

Office: McDonald Building (MCD) 218

Office Hours: Monday, Weds, Fri, 10am-12pm or by appointment

PROGRAM: Psychology

CREDIT HOURS: 3

CONTACT HOURS: Lecture: 3

COURSE DESCRIPTION:

This course is a special topics course that will explore the origins of the field of psychology, as well as general topics as an introduction to psychology.

MAJOR COURSE LEARNING OBJECTIVES:

Upon successful completion of this course the student will be expected to:

1. To develop basic knowledge of the theoretical background of psychology theories.
2. Understand how we know what we know in the field of psychology, with regard to research.
3. Critically think about and evaluate general psychology paradigms as well as speak to the pitfalls and the strengths.
4. Apply knowledge in a useful way to the complexities of the field.
5. Understand the history of the field and the future of the field.

COURSE METHODS:

The course will be as a lecture/ seminar, with each student asked to consider particular questions during class discussions and reading material, and comment in the class on these issues. We will focus on:

1. Readings in relevant texts and articles
2. Lectures which discuss the readings
3. Small group exercises and self reflection exercises
4. Examination of the relevant literature in the field
5. Exams

Email is the preferred method for contacting the professor outside of class.

When emailing the professor the subject line should read **Introduction to Psychology.**

GENERAL CLASS CONDUCT

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| ALL CELL PHONES <u>OFF</u> WHEN YOU ENTER THE CLASSROOM |
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Attendance at all scheduled classes is required.

Disruptive Behavior

Students are expected to approach the class as mature adults and to conduct themselves accordingly. While questions and interaction with the instructor are encouraged during the seminar, disruptive remarks, behavior and unnecessary personal conversations between students will not be tolerated. At times a topic or topic matter may contain sensitive issues. It is imperative that we all conduct ourselves with respect for others even should we disagree with someone's view point. Our classroom is a "safe" space, which requires that students agree to keeping sensitive matters confidential, and to respect each other's privacy with regard to personal remarks in classroom.

Please refrain from:

Coming in late or leaving early. It is imperative that you make the commitment to be in class the entire class length.

Doing other work or other activities aside from the classwork that is being presented or assigned.

Sleeping during the class.

Listening to I-pods or other portable music/audio devices.

Making jokes or having discussions with others in the class that would be disruptive to others.

For more details, please see the disruptive behavior policy at:
<http://www.dixie.edu/humanres/policy/sec3/334.html>

REQUIRED MATERIALS

Texts:

Title: **Psychology**
Authors: Schacter, Gilbert, and Wagner
Edition: Second Edition
Publisher: Worth

CLASS STRUCTURE

In general, the class will follow seminar / discussion format. All text material will not be covered in class. However, students are responsible for all material in the text reading assignments and handouts.

Typically, classes will consist of lecture, discussion, and experiential type of activities. Student participation during class discussions will be graded with a point value; and in borderline grade cases, the quantity and quality of student participation may affect the final grade

EVALUATION:

Grading will be based upon possible points in the course distributed as follows:

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| 1. 5 scheduled exams (worth 50 points) | 250 points |
| 2. Final Exam | 100 points |
| 2. Class assignments/activities, participation | 25 points |

TOTAL 325 points

After all five exams are complete; I will be dropping your lowest exam score from your final grade. This exam drop score does not include the final exam which will not be dropped, even if it is the lowest score. You are expected to take all five exams.

GRADING SCALE:

A = (90 – 100%)
A- = (88-89%)
B = (80 – 87%)
B- = (78-79%)
C = (70 -77%)
D = (60 – 69%)
F = (59% and less)

EXAMINATIONS:

Grades will be determined in part based on student performance on exams. (50 pts each) The exams, including the final exam, and will be multiple choice.

Final Exam:

The final exam will be cumulative, but very broad. You can expect a variety of questions from the course; however they will be very general in nature.

Make Up Policy

As a rule, there will not be any make up exams in this course. Talk further with the instructor for excused absences as per college policy.

CLASS ASSIGNMENTS & ACTIVITIES

Class assignment points will be based on in-class activities and assignments throughout the semester.

The professor reserves the right to assign activities as is deemed necessary during the semester.

READING ASSIGNMENTS:

You will be expected to complete the required reading assignments outlined in the course schedule, regarding assessment issues, prior to class and incorporate this learning into your comments during lecture and case presentations.

COURSE OUTLINE

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| <u>August 22:</u> | Course Introduction |
| <u>August 24:</u> | Introduce a friend |
| <u>August 26:</u> | What is Psychology? |
| <u>August 29:</u> | Chapter 1 : Psychology : The Evolution of Science |
| <u>August 31:</u> | Chapter 1 Con't |
| <u>Sept 2:</u> | Chapter 2: Methods in Psychology |
| <u>Sept 5:</u> | Holiday/Labor Day/ No class |
| <u>Sept 7:</u> | Chapter 2 Con't |
| <u>Sept 9:</u> | Chapter 3: Neuroscience and Behavior |
| <u>Sept 12:</u> | Chapter 3 Con't |
| <u>Sept 14:</u> | Review for exam |
| <u>Sept 16:</u> | Exam #1 |
| <u>Sept 19:</u> | Chapter 4: Sensation and Perception |
| <u>Sept 21:</u> | Chapter 5: Consciousness |
| <u>Sept 23:</u> | Chapter 5: Con't |
| <u>Sept 26:</u> | Chapter 6: Memory |
| <u>Sept 28:</u> | Chapter 8: Motivation and Emotion |
| <u>Sept 31:</u> | Review for Exam |
| <u>Oct 3:</u> | Exam #2 |
| <u>Oct 5:</u> | Chapter 10: Intelligence |
| <u>Oct 7:</u> | Chapter 11: Development |
| <u>Oct 10:</u> | Chapter 11 Con't |
| <u>Oct 12:</u> | Chapter 13: Social Psychology |
| <u>Oct 14:</u> | Fall Break, No class |
| <u>Oct 17:</u> | Exam Review |
| <u>Oct 19:</u> | Exam #3 |
| <u>Oct 21:</u> | Chapter 16: Stress and Health |
| <u>Oct 24:</u> | Wellness |
| <u>Oct 26:</u> | Chapter 12: Personality |
| <u>Oct 28:</u> | Personality Con't |
| <u>Oct 31:</u> | Personality Con't |
| <u>Nov 2:</u> | Chapter 14: Psychological Disorders |
| <u>Nov 4:</u> | Psychological Disorders Con't |
| <u>Nov 7:</u> | Psychological Disorders Con't |
| <u>Nov 9:</u> | Review for Exam |
| <u>Nov 11:</u> | Exam #4 |

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| <u>Nov 14:</u> | Chapter 9: Language and Thought |
| <u>Nov 16:</u> | Chapter 9 Con't |
| <u>Nov 18:</u> | Special Topic |
| <u>Nov 21:</u> | Catch up |
| <u>Nov 23:</u> | Thanksgiving Break/ No Class |
| <u>Nov 25:</u> | Thanksgiving Break/No Class |
| <u>Nov 28:</u> | Chapter 15 Treatment of Psychological Disorders |
| <u>Nov 30:</u> | Treatment Con't |
| <u>Dec 2:</u> | Treatment Con't |
| <u>Dec 5:</u> | Review for Exam |
| <u>Dec 7:</u> | Exam #5 |
| <u>Dec 9:</u> | Special Topic or Review for Final Exam |

Final Exam: Monday, December 12 Time: 10am-12pm

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| * ALL TEST DATES AND ASSIGNMENTS SUBJECT TO CHANGE ** |
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Dmail:

Important class and college information will be sent to your Dmail account. This information includes your DSC bill, financial aid/scholarship notices, notification of dropped classes, reminders of important dates and events, and other information critical to your success in this class and at DSC. All DSC students are automatically assigned a Dmail account. If you don't know your user name and password, go to www.dixie.edu and select "Dmail," for complete instructions. You will be held responsible for information sent to your Dmail email, so please check it often.

Important DSC dates to remember:

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| Mon, Aug 22 | Classwork starts |
| Wed, Aug 24 | Last day to add without a signature |
| Mon, Aug 29 | Drop fee begins (\$10 per class) |
| Mon, Sep 5 | Labor Day |
| Tue, Sep 6 | \$50 Late registration/payment fee |
| Mon, Sep 12 | Last day for refund |
| Mon, Sep 12 | Last day to drop without a "W" grade |
| Fri, Sep 16 | Last day to add classes |
| Fri, Sep 30 | Last day to apply for graduation |
| Thurs, Fri, Oct 13-14 | Semester break |
| Mon, Oct 17 | Last day to drop or audit classes |
| Fri, Nov 11 | Last day for complete withdrawal |
| Tue, Nov 15 | Career Day |
| Wed-Fri, Nov 23-25 | Thanksgiving break |
| Fri, Dec 9 | Last day of classes |
| Mon-Fri, Dec 12-16 | Final exams |

Disability Accommodations:

Students with medical, psychological, learning or other disabilities desiring reasonable academic adjustment, accommodations, or auxiliary aids to be successful in this class will need to contact the DISABILITY RESOURCE CENTER Coordinator (Baako Wahabu) for eligibility determination. Proper documentation of impairment is required in order to receive services or accommodations. DRC is located in the North Plaza Building. Visit or call 652-7516 to schedule appointment to discuss the process. DRC Coordinator determines eligibility for and authorizes the provision of services.

College resources:

Several college resources are available to help you succeed. Check out the links for each one to get more information. If you need help understanding the content of your courses, go to the **Tutoring Center** located in the Browning Learning Center, Room 105. There is a schedule of what courses have tutors at what times outside the door. You can also visit them online at <http://dsc.dixie.edu/tutoring/> If you need help writing papers, go to the Writing Center in the Browning Learning Center, Room 105. You can also visit them online at http://new.dixie.edu/english/dsc_writing_center.php

If you need to use a computer to do schoolwork on campus, go to the Computer Center in the Smith Computer Center or the Library basement.

If you are assigned to take a test in the Testing Center, go to the North Plaza. You can get information on their website at <http://new.dixie.edu/testing/>

The Library has all kinds of information and resources. Visit the Val Browning Library or go to the library website at <http://library.dixie.edu/>

Academic integrity:

DSC believes that most students are honest. However, cheating will not be tolerated, and if discovered, a zero grade will be given for that assignment or exam, and you will not be allowed to make it up. Repeated or aggravated offenses will result in failing the course. Any time you take credit for work you did not do, you are cheating. This includes getting the answers to homework problems from someone else, copying information from a library or internet source and presenting it as if it were your own words which is called plagiarism. Plagiarism is a particularly serious offense in academia.

Looking at someone else's answers on an exam, and asking someone who has already taken a test about what questions it contains also constitutes cheating. This course has been designed to minimize the temptation to cheat, however it is not the job DSC or the instructor to make things "cheat proof." If you cheat and are not caught, it doesn't mean that you "beat the system." It means you violated the Student Code and forfeited your integrity.

For further information on the Student code please refer to <http://library.dixie.edu/policies/studentcodesectionfour.pdf> page 8. DSC is committed to helping students honor the student code and to have consequences for those who do not abide by its standards.

COPYRIGHT STATEMENT:

Students shall adhere to the laws governing the use of copyrighted materials. They must insure that their activities comply with fair use and in no way infringe on the copyright or other proprietary rights of others and that the materials used and developed at Union College contain nothing unlawful, unethical, or libelous and do not constitute any violation of any right of privacy.