

Adult Development & Aging
PSY 3230 – Section 1
Spring 2011

Days: MWF
Time: 2:00 – 2:50 p.m.
Location: McDonald Center for Humanities and Social Services
Room: 104

Professor: Dr. Cespedes	Phone: 652-7815
Office: Student Service Center - Room: 338	email: cespedes@dixie.edu
Office hrs: MW 11:00 a.m. – 12:00 noon	
Tuesdays: 9:00 a.m. - 12:00 a.m.	

Prerequisite: PSY 1100 or FCS 1500

Textbook: Adult Development and Aging, 6th ed. (2011). Cavanaugh, John C. & Blanchard-Field, Fredda.

Course Description: Adult Development & Aging studies adult life from a life span perspective. The course provides an overview of research in the adult aging field, its application and policy implications. Students will examine various factors impacting the aging process, including physical, biological, neurological and sociological influences. Other topics include: Personality stability, psychological and sociological changes, and mental health concerns. Various aging stereotypes will also be examined.

Objectives:

Within the older adult development and aging field:
Examine existing stereotypes and misconceptions regarding aging.
Review various theories and perspectives.
Increase the understanding of *scientific* research.
Explore possible applications of scientific findings.
Examine possible policy implications.

Grading: Course performance will be assessed by three exams.

Exams: The three exams will consist of multiple-choice and short essay questions. Each exam will be worth *fifty points*. The Third exam will be the *final* exam and it will not be cumulative. Make up exams must be scheduled in advance of the exam date in order to avoid a 10 point penalty. If an emergency arises, please notify me and we will work together scheduling make-up work.

Exam # 1 Fifty points
Exam # 2 Fifty points
Exam # 3 Fifty points

Grades will be based on the following:

A = 92 - 100 %	B+ = 88-89 %	C+ = 78-79 %	D+ = 68-69 %	F = 0 - 5 9
A- = 91 - 91 %	B = 82-87 %	C = 72-77 %	D = 62-67 %	
	B- = 80-81%	C- = 70-71 %	D- = 60-61 %	

Month	Day	Activity/Assignment	Chapter #
January	10	Introduction to Course	
		Adult Development and Aging	1
	12	Perspectives on Adult Development and Aging	
	14	Factors Influencing the Study of Aging	
	17	Holiday: Martin Luther King	
	19	Aging: Current Controversies -Research Methods	
	21	Neuroscience as a Basis for Adult Development & Aging	2
	24	Current Controversies	
	26	Cognitive and Social Aging	
	28	Exam Review	
February	31	Exam # 1	
	2	Physical Changes	3
	4	Appearance and Mobility	
	7	Changes in Reproductive; Sensory, Nervous Systems and Vital Functions.	
	9	Longevity, Health and Functioning	4
	11	Health and Illness – Chronic Conditions	
	14	Pharmacology - Functional Health & Disability	
	16	Where People Live: Person-Environment Interactions	5
	18	Ecology of Agency: Community Options	
	21	President’s Day - Recess	
March	23	Attention and Memory	6
	25	Attentional Control; Memory Processes	
	28	Factors Affecting Age Differences in Memory and Memory for Discourse	
	2	Memory in Context – Self Evaluation of Memory Abilities – Memory Training – Clinical Issues and Memory Testing	
	4	Exam Review	
	7	Exam # 2	
	9	Intelligence	7
	11	Developmental Trends in Psychometric Intelligence	
14	Qualitative Differences in Adults’ Thinking		
16	Everyday Reasoning and Problem Solving		

	18	Social Cognition	8
	21	Social Knowledge, Judgment, Motivation, Stereotypes, and Personal Control	
	23	Personality	9
	25	Dispositional Traits Across Adulthood	
	28	Personal Concerns and Qualitative Stages in Adulthood	
April	1	Current Controversies – Life Narratives, Identity, and the Self	
	4	Clinical Assessment, Mental Health, and Mental Disorders	10
	6	Mental Health – Issues in Assessment and Therapy	
	8	Relationships	11
	11	Types of Relationships – Life Styles & Love Relationships Family Dynamics and the Life Course.	
	14-18	Spring Break	
	21	Work, Leisure and Retirement	12
	23	Occupational Choice & Development – Biases Career Transitions – Current Controversies - Retirement	
	25	Dying and Bereavement: Ethical, End-of-Life Issues and Grieving and the Grieving Process.	13
	28	Successful Aging	14
	30	Demographic Trends and Social Policy; Health & Quality of Life.	
May	1	Exam Review	
	2	Exam # 3 - Final Exam 12:30 to 2:30	

This syllabus is subject to change. If there are changes, these will be announced in class.

Important Dates

January	12	Last day to add classes without signature.
	31	Open Registration
February	1	Pell Grant – Last day for refund - Last day to drop without a “W” grade.
	1	Courses dropped for non-payment
	1	Last day to add classes
	1	Last day for refund
	28	Mid-term grades due.
March	4	Last day to DROP/AUDIT classes
	21	Registration opens to Seniors
	22	Registration opens to Juniors
	23	Registration opens to Sophomores
	24	Open Registration
April	11	Registration opens to Seniors
	12	Registration opens to Juniors
	13	Registration opens to Sophomores
	14	Open Registration
	28	Classroom work