

# General Psychology

## PSY 1010 – 14B

### Spring 2011

Days: MWTRF  
Time: 3:00 – 3:50 pm.  
Location: McDonald Center for Humanities and Social Science  
Room: 105

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Profesor: Rosanita Cespedes, Ph.D. Phone: 879-4358  
Office: Student Service Center - Room 338 email: Cespedes@dixie.edu  
Office Hrs: MW 11:00 – 12:00 noon  
Tuesdays: 9:00 am – 12:00 noon

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**Textbook:** Psychology – *From Science to Practice* - 2<sup>nd</sup> Edition (2008)  
R.A. Baron & M.J. Kalsher  
Pearson Education, Inc.

**Course Description:** Fulfills General Education Social and Behavioral Sciences requirements. For students in all disciplines who are interested in the fundamental scientific principles of behavior. Include the study of learning, motivation, emotion, personality, mental disorders, treatment alternatives, and other related subjects as part of the course. Critical thinking will be explored in examining these aspects of behavior. Students will have frequent examinations and quizzes as part of the course.

#### **Objectives:**

To develop an understanding of psychology and human behavior; including:

1. The definition of psychology
2. Brain function and its affects on behavior
3. Learning and memory
4. Growth and development principals
5. Human growth and development
6. Mental health and illness.

#### **Class Attendance:**

You are expected to attend all classes. If you are absent, it is your responsibility to contact someone to obtain information to make up the loss.

#### **Course Grading:**

Grades will be based on four exams:

**Exams:** There will be four exams given this semester . They will consist of multiple-choice and true/false questions. Each exam will be worth 100 points.

The fourth exam will be considered the *final exam* and will **not** be cumulative. Make-up exams are discouraged and must be scheduled in advance of the exam date in order to avoid a **10 point penalty**. Please notify me of emergencies as soon as possible to schedule make-up exams and to address class-related issues throughout the semester.

Your final grade will be determined on the following scale”

A = 92 – 100    B+ = 86 – 89    C+ = 77 - 79    D+ = 67 - 69    F = 60 or less  
 A - = 90 - 91    B = 82 – 85    C = 72 -76    D = 62 – 66  
                   B - = 80 - 81    C - = 70 -71    D - = 61 – 64

Month	Day	Activity/Assignment	Chapter
February	22	<b>Introduction to General Psychology</b> <b>History of Psychology</b>	1
	23	Perspectives in Psychology Psychology in the 21 <sup>st</sup> Century Scientific and Research Methods in Psychology.	
	24	<b>Biological Basis of Behavior</b>	2
	25	The nervous system The brain Human Behavior Heredity and Behavior	
	28	<b>Sensation and Perception</b>	3
	Sensory Thresholds		
March	1	Vision - Hearing Smell & Taste	
	2	Perception	
	3	<b>Exam Review</b>	
	4	<b>Exam # 1</b>	4
	7	<b>States of Consciousness</b>	
		Consciousness – Intuition	
	8	The nature of Sleep Altered States of Consciousness Consciousness-Altering Drugs	
	9	<b>Learning</b>	5
		Classical Conditioning	
	10	Operant Conditioning	
		11	Observational Learning
	14-18	<b>Spring Break</b>	

	21	<b>Memory and Cognition</b>	6
		Human Memory – Remembering - Forgetting	
		Cognition: Thinking, Deciding & Creating	
	22	<b>Human Development</b>	7
		Childhood: Physical Growth & Development	
	23	Perceptual Development	
		Cognitive and Moral Development	
		Social Development & Gender Identity	
	24	<b>Exam Review</b>	
	25	Exam # 2	
	28	<b>Motivation and Emotions</b>	8
		The Activation and Persistence of Behavior	
	29	Nature, Expression and Impact of Emotions	
		Subjective Well-Being	
	30	<b>Personality and Intelligence</b>	9
		Personality	
	31	Personality Theories	
April	1	Intelligence : Cognitive Abilities	
	4	<b>Health, Stress, and Coping</b>	10
		Stress Psychology – Overview	
	5	Stress: Causes, Effects, and Control	
		Understanding and Communication Health Needs	
	6	Behavioral & Psychological Correlates of Illness	
	7	Developing Healthier Lifestyles	
	8	<b>Mental Disorders</b>	11
		The DSM-IV – Psychological Assessments	
	11	Disorders of Infancy, Childhood and Adolescence	
	12	Mood, Anxiety Disorders & Dissociative Disorders	
	13	Sexual and Gender Identity & Personality Disorders	
	14	<b>Exam Review</b>	
	15	<b>Exam # 3</b>	
	18	<b>Psychological Treatment</b>	12
	19	Psychological Approaches to Mental Disorders	
	20	Psychological Treatments and Diversity	
	21	Group Therapies – Biological Therapies	
		Effectiveness of Psychological Treatments.	
	22	<b>Social Thought and Social Behavior</b>	13
		Social Thought: Thinking about Other People	
	25	Social Behavior: Interacting with Others	
	26	<b>Psychological Treatments</b>	14
	27	<b>Industrial/Organizational Psychology</b>	
	28	<b>Exam Review</b>	
May	4	<b>Final Exam - 3:00 - 5:00 p.m.</b>	