

Addiction
PSY 4440-01
Spring, 2015

Instructor: **I-Shan Yang, Ph.D**
Class Time: **Tue and Thu 10:30-11:45 AM**
Phone: **435-879-4627**
Office Hour: **Tue 12-2pm & Wed 2-4pm**

Email: yang@dixie.edu
Class Location: **McDon 110**
Office: **McDon 214**

Course Description

This class is intended for students in Psychology program who are interested in working in mental health field. This class provides students with the opportunity to explore the many issues related to the various forms and processes of addition, focusing on etiology, assessment, treatment, and legal issues with regard to addiction. Students will also have the opportunity to learn about social and community resources designed to aid recovery

Social and Behavioral Science Program Objectives

As an outcome of taking courses in the Social and Behavioral Science Program, students shall:

1. Demonstrated the ability to examine human behaviors in a structured and organized way as a means of understanding the human condition. Measured by examination and/or oral and written reports.
2. Demonstrated the ability to recognize the ideas, people and events that are generally thought to be important by social scientists. Measured by examination and/or oral reports.
3. Develop a perceptual frame or reference based on social scientific knowledge. Measured by the presence of an attitudinal frame of reference which would be expressed in written or oral activities.
4. Exhibit concepts of critical thinking and scientific methodology in examining human behavior. Measured by the presence of an attitudinal frame of reference which would be displayed in written or oral activities.

Major Course Learning Objectives

1. Discuss the nature of addiction and explain its broad impact on today's society
Upon successful completion of this course, students will be expected to
2. Explain theoretical approaches used to facilitate an understanding of drugs, alcohol, and other addictions.
3. Demonstrate how the process of addiction and its treatment is impacted by other disorders, family, ethnicity, gender, and sexual orientation.
4. Describe basic research used in the area of alcohol, drug, and other addictions.
5. Demonstrate knowledge of the continuum of care available for successful and sustained recovery.

Course Methods

This course is designed for students who are interested in working as mental health professionals in the future. The course will be in lecture/seminar format. Each student will be asked to provide feedbacks on their reading materials and in class discussions. In class, we will focus on:

1. Readings in relevant texts and articles;
2. Lectures which discuss the reading and present practice examples;

3. Students demonstration of acquired knowledge through class participations, group work, presentation and research.

Attendance Policy

It is expected that students to attend the whole course period. Regular attendance and active participation are essential for success in this course. Coming to class late or leaving classroom early is disruptive to both the instructor and other students. Any lateness or early leaving is considered as absence. As a result, attendance/participation points will be deducted, which may affect the final grades in this class.

Course Expectation

Students are expected to approach the class as mature adults and to conduct themselves accordingly. Rude or disruptive behaviors will not be tolerated in the classroom. Rudeness can include (but is not limited to): COMPUTER or PHONE USAGE, LAUGHING, NOTE PASSING, PASSIVELY SITTING, SLEEPING, and TALKING OUT OF TURN. Disruptive behaviors include (but not limited to): Entering the classroom during a lecture or presentation, leaving class early, sleeping in class, displaying disrespect of the instructors, students, and guests by making offensive or derogatory comments, dominating classroom discussions, completing others' assignments, plagiarizing, cheating on work, reading any material in class considered not an integral part of the course content being presented. Additionally, you are required to **TURN OFF** all of your electronic devices including *cell phones/pagers/MP3 players/etc.* during class. Interruptions due to cell phones or other electronic devices will result in a loss of participation points. For more details, please see the disruptive behavior policy at: <http://www.dixie.edu/humanres/policy/sec3/334.html>

Academic Integrity

Full academic honesty is expected and required. Any infraction will result in the maximum penalty with possibilities including failing the class and/or being expelled from the university. Infractions include, but are not limited to: dishonesty on exams, plagiarism and/or flagrant falsification of written assignments, and any other attempts to receive a grade for work not actually done by the student. For more details, please refer to the *Dixie State University Department of Social and Behavioral Sciences Academic Honor and Integrity Policy*. **Each student needs to agree and sign the policy to be considered as registered for the course. Please turn in your signed policy electronically to the instructor before the second class of each semester.**

Contact Policy

Email is the preferred method for contacting the instructor outside of class. When emailing the instructor, **the subject should read "Addiction Course"** to avoid confusion with other courses. ***Students are required to frequently check your Dmail account and Canvas messages.*** Important class and college information will be sent to your Dmail account. This information includes your DSC bill, financial aid/scholarship notices, notification of dropped classes, reminders of important dates and events, and other information critical to your success in this class and at DSC. All DSC students are automatically assigned a Dmail account. If you don't know your user name and password, go to www.dixie.edu and select "Dmail," for complete instructions. You will be held responsible for information sent to your Dmail email, so please check it often.

Required Materials

Book

1. Miller, W. R., Forcehimes, A. A., & Zweben, A. (2011). *Treating addiction: A guide for professionals*. Guilford Press.

Articles

1. Leshner, A. I. (2001). Addiction is a brain disease. *Issues in Science and Technology*, 17(3), 75-80.
2. Heit, H. A., & Gourlay, D. L. (2009). DSM-V and the Definitions: Time to Get It Right. *Pain Medicine*, 10(5), 784-786.
3. Glasner-Edwards, S., & Rawson, R. (2010). Evidence-based practices in addiction treatment: Review and recommendations for public policy. *Health Policy*, 97(2), 93-104.
4. Magill, M., & Longabaugh, R. (2013). Efficacy combined with specified ingredients: a new direction for empirically supported addiction treatment. *Addiction*, 108(5), 874-881.
5. Moyers, T. B. (2014). The relationship in motivational interviewing. *Psychotherapy*, 51(3), 358-363.

Evaluation

Grading will be based upon 400 possible points in the course distributed as following

Criteria	Points
Attendance and participation	50
2 Exams	100 (50 points for each exam)
Recovery Simulation Reflection	50
Assessment and Treatment Summary and Presentation	100
Final Exam	100
Total	400

1. Attendance and participation. Attending class on-time is expected in this class. We will have several discussions and in-class assignments, which will be counted as your participation points.

2. Exams. There will be two exams provided in this semester. The exam will be open for a two-day period at the testing center. You will be expected to take the exam within that period.

3. Recovery Simulation Reflection. You are required to “give up” something that you feel you are dependent on (i.e. soda, coffee, tobacco, candy, cake, social network sites...etc.) for **30 consecutive days**. The purpose of this assignment is for you to get a stimulated understanding of what it is like to enter into “recovery” and work to maintain abstinence. At the end of the 30 days, you are to write a 3 pages reflection paper (double-spaced with 1 inch margin) outlining your overall experience. We will also do check-ins in class while going through this 30-days project.

4. Assessment and Treatment Summary. You will be paired-up with another classmate to conduct an assessment on a character from a movie (there are several movies with addictions as the primary topic). You will use the Biopsychosocial Interview and DSM-V Diagnosis (along with a brief statement justifying your diagnosis). Based on the data your collect from the character, you will create a treatment

plan for this client. The assessment and treatment templet will be provided by the instructor. This paper will be worth **60** points.

5. Presentation. Each pair/group will prepare a 10 minute PowerPoint presentation outlining a summary of their assessment and treatment plan. This should follow the same format as the paper and will be worth **40** points. The presentation will be graded based on content, organization and professionalism.

6. Final Exam. Final exam is cumulative and will be given in class during the final exam week.

Grading Scale

A	360 pts and above	C+	308-319 pts	D	253-263 pts
B+	344-359 pts	C	292-307 pts	D-	240-252 pts
B	332-343 pts	C-	280-291pts	F	239 pts and below
B-	320-331 pts	D+	264-279 pts		

☉ You WILL NOT be graded on a curve. Your total points determines your grade

Make-up Exams and Assignments

There will be no make-up cases, assignments, exams or presentations, except for students representing the university on officially approved trips and for the observance of a religious holy day. The instructor will not respond to a student's email which asks for make-up exams unless the student presented the official documents in advance. The instructor also will not respond to students' requests for giving extra credits after taking the last exam.

*****Assignments or exam received after the due date without prior approval will receive a 10 percent grade reduction each day. There is NO flexibility built into the due dates for each assignment. Deadlines for actual grant proposal completion are not negotiable.***

College Resources

1. Tutoring Center: located on the 4th floor of the Holland Centennial Commons in Room 431 (<http://dsc.dixie.edu/tutoring/>)
2. Writing Center: located on the fourth floor of the Holland Centennial Commons in room 421. (http://new.dixie.edu/english/dsc_writing_center.php)
3. Testing Center: located at North Plaza(<http://new.dixie.edu/testing/>)
4. Library: located on the 2nd, and 3rd floors of the Holland Centennial Commons <http://library.dixie.edu/>

Disability Accommodations

Students with medical, psychological, learning or other disabilities desiring reasonable academic adjustment, accommodations, or auxiliary aids to be successful in this class will need to contact the DISABILITY RESOURCE CENTER Coordinator (Baako Wahabu) for eligibility determination. Proper documentation of impairment is required in order to receive services or accommodations. DRC is located in the North Plaza Building. Visit or call 652-7516 to schedule appointment to discuss the process. DRC Coordinator determines eligibility for and authorizes the provision of services.

Student Appeals

Students who believe themselves wrongfully disciplined may appeal those disciplinary actions through the standard grievance procedure. (Policy 5-35)

Important Dates/Deadlines

Jan 12	Classwork Starts
Jan 15	Last Day for Waitlist
Jan 16	Last Day to Add Without Signature
Jan 19	Martin Luther King Jr. Day
Jan 22	Drop/Audit Fee Begins (\$10 per class)
Jan 22	Residency Application Deadline
Jan 27	\$50 Late Registration/Payment Fee
Feb 2	Spring 2015 Associate's degree Graduation Application Deadline
Feb 2	Pell Grant Census
Feb 2	Last Day for Refund
Feb 2	Last Day to drop without receiving a "W" grade
Feb 4	Courses dropped for non-payment
Feb 6	Last Day to Add/Audit
Feb 16	President's Day
Mar 2	Summer 2015 Bachelor's degree Graduation Application Deadline
Mar 2	Mid-Term Grades Due
Mar 6	Last Day to Drop Individual Class
Mar 9-13	Spring Break
Mar 23	Fall Class schedule available online
Mar 23	Summer Registration open to Seniors (90+ credits)
Mar 24	Summer Registration open to Juniors (60+ credits)
Mar 25	Summer Registration open to Sophomores (30+ credits)
Mar 26	Summer Registration open to all students
Apr 1	Fall 2015 Bachelor's degree Graduation Application Deadline
Apr 10	Last Day for Complete Withdrawal
Apr 13	Fall Registration open to Seniors (90+ credits)
Apr 14	Fall Registration open to Juniors (60+ credits)
Apr 15	Fall Registration open to Sophomores (30+ credits)
Apr 16	Fall Registration open to all students

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Apr 29	Classwork Ends
Apr 30	Reading Day
May 1	Final Exams
May 1	Associate's degree Graduation Deadline - Summer 2015
May 4-7	Final Exams
May 8	Commencement

DISCLAIMER

Information contained in this syllabus, other than the grading scale and exam/quiz policy may be subject to change with advanced notice, as deemed appropriate to the instructor.

Tentative Course Schedule

Week	Date	Topic	Reading	Assignment Due
1	Jan 13	Introduction		
	Jan 15	What is addiction?	Ch 2 & Article 1	
2	Jan 20	Drug effect	Ch 3	
	Jan 22	Co-occurring disorders	Ch 18	
3	Jan 27	Client-center foundation	Ch 4	
	Jan 29	Screening, evaluation and diagnosis	Article 2	
4	Feb 3		Ch 5	
	Feb 5	Designing treatment plan		
5	Feb 10		Ch 7	Recovery Simulation Start
	Feb 12	Case Management	Ch 8	
6	Feb 17	Review		
	Feb 19	Exam 1(testing center)		Feb 18-19 (9AM-9PM)
7	Feb 24	Evidence-based treatment	Article 3&4	
	Feb 26	Brief interventions	Ch 9	
8	Mar 3	Motivational interview	Ch 10 & Article 5	
	Mar 5			
9	Mar 10	Spring Break		
	Mar 12			
10	Mar 17	Community approach	Ch 11	Reflection Paper Due
	Mar 19	Coping skills	Ch 12	
11	Mar 24	Review		
	Mar 26	Exam 2 (testing center)		Mar 25-26 (9AM-9PM)
12	Mar 31	Working with family	Ch 13	
	Apr 2	Support Group	Ch 14	
13	Apr 7	Resistance	Ch 16	
	Apr 9	Promoting maintenance	Ch 19	
14	Apr 14	Addressing spirituality	Ch 21	
	Apr 16	Professional Ethics	Ch 22	
15	Apr 21	Presentation-1		Assessment and Treatment Summary Due
	Apr 23	Presentation-2		
16	Apr 28	Course Review		
Final	May 7	Final Exam (9:30-11:30)		