

**Psychology of Abnormal Behavior**

**PSY 3400-02**

**Spring 2015**

Instructor: **I-Shan Yang, Ph.D**

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Class Time: **Mon/Wed/Fri 11:00-11:50 AM**

Class Location: **MCDON 206**

Phone: **435-879-4627**

Office: **MCDON 214**

Office Hour: **Tue 12-2 pm; Wed 3-5pm**

**Course Description**

This course is designed to fulfill Clinical/Applied Psychology requirement for Psychology majors. An advanced course for students of all disciplines who wish to study the nature of mental disorders. Particularly important for students majoring in psychology, criminal justice, or education. Course will cover DSM V diagnostic categories with descriptive information concerning etiology, symptomatology and therapeutic strategies. Requires college reading level skills and will require library research. Prerequisites: Psychology 1010; AND Psychology major or Integrated Studies Emphasis in Psychology major; or instructor permission. (From *the Dixie State Psychology Program Website*)

**Social Science Program Objectives**

As an outcome of taking courses in the Social Science Program, students shall:

1. Demonstrated the ability to examine human behaviors in a structured and organized way as a means of understanding the human condition. Measured by examination and/or oral and written reports.
2. Demonstrated the ability to recognize the ideas, people and events that are generally thought to be important by social scientists. Measured by examination and/or oral reports.
3. Develop a perceptual frame or reference based on social scientific knowledge. Measured by the presence of an attitudinal frame of reference which would be expressed in written or oral activities.
4. Exhibit concepts of critical thinking and scientific methodology in examining human behavior. Measured by the presence of an attitudinal frame of reference which would be displayed in written or oral activities.

**Major Course Learning Objectives**

To develop basic knowledge of the theoretical background of abnormal psychology, to identify different disorders, and manifestations of dysfunctional behaviors.

2. Understand how we know what we know in the psychological pathology, with regard to research.
3. Critically think about and evaluate diagnosis paradigms as well as speak to the pitfalls and the strengths of diagnosing.

4. Apply knowledge in a useful way to the complexities of the field.
5. Understand the history of the field and the future of the field.

### **Course Methods**

This course is designed for students who are interested in working as mental health professionals in the future. The course will be in lecture/seminar format. Each student will be asked to provide feedbacks on their reading materials and in class discussions. In class, we will focus on:

1. Readings in relevant texts and articles;
2. Lectures which discuss the reading and present practice examples;
3. Examination of the relevant literature in the field;
4. Students demonstration of acquired knowledge through class participations, group work, presentation and research;
5. Exams

### **Attendance Policy**

It is expected that students to attend the whole course period. Regular attendance and active participation are essential for success in this course. Coming to class late or leaving classroom early is disruptive to both the instructor and other students. Any lateness or early leaving is considered as absence. As a result, attendance/participation points will be deducted, which may affect the final grades in this class. See *Dixie State College of Utah, Policies and Procedures Manual, section 5-23 on ATTENDANCE for further details.*

### **Classroom Expectation**

Students are expected to approach the class as mature adults and to conduct themselves accordingly. Rude or disruptive behaviors will not be tolerated in the classroom. Rudeness can include (but is not limited to): COMPUTER or PHONE USAGE, LAUGHING, NOTE PASSING, PASSIVELY SITTING, SLEEPING, and TALKING OUT OF TURN. Disruptive behaviors include (but not limited to): Entering the classroom during a lecture or presentation, leaving class early, sleeping in class, displaying disrespect of the instructors, students, and guests by making offensive or derogatory comments, dominating classroom discussions, completing others' assignments, plagiarizing, cheating on work, reading any material in class considered not an integral part of the course content being presented. Additionally, you are required to **TURN OFF** *all* of your electronic devices including *cell phones/pagers/MP3 players/etc.* during class. Interruptions due to cell phones or other electronic devices will result in a loss of participation points. For more details, please see the disruptive behavior policy at: <http://www.dixie.edu/humanres/policy/sec3/334.html>

### **Academic Integrity**

Full academic honesty is expected and required. Any infraction will result in the maximum penalty

with possibilities including failing the class and/or being expelled from the university. Infractions include, but are not limited to: dishonesty on exams, plagiarism and/or flagrant falsification of written assignments, and any other attempts to receive a grade for work not actually done by the student. For more details, please refer to the *Dixie State University Department of Social and Behavioral Sciences Academic Honor and Integrity Policy*. **Each student needs to agree and sign the policy to be considered as registered for the course. Please turn in your signed policy electronically to the instructor before the second class of each semester.**

### **Contact Policy**

Email is the preferred method for contacting the instructor outside of class. When emailing the instructor, the **subject should read “Abnormal Psychology”** to avoid confusion with other courses. ***Students are required to frequently check your Dmail account and Canvas messages.*** Important class and college information will be sent to your Dmail account. This information includes your DSC bill, financial aid/scholarship notices, notification of dropped classes, reminders of important dates and events, and other information critical to your success in this class and at DSC. All DSC students are automatically assigned a Dmail account. If you don't know your user name and password, go to [www.dixie.edu](http://www.dixie.edu) and select “Dmail,” for complete instructions. You will be held responsible for information sent to your Dmail email, so please check it often.

### **Required Materials**

#### ***Books***

Barlow, D., & Durand, V. (2014). *Abnormal psychology: An integrative approach*. (7<sup>th</sup> Ed). Cengage Learning. Stamford, CT.

#### ***Articles***

Supplement articles will be posted on Canvas as the course progresses

### **Recommend Materials**

American Psychiatric Association. (2013). *The Diagnostic and Statistical Manual of Mental Disorders: DSM 5*. Washington, DC: American Psychiatric Association Publication.

### **Evaluation**

Grading will be based upon 400 possible points in the course distributed as following

Criteria	Points
Attendance and participation	50
3 Exams	150 (50 points for each exam)
Presentation	100
Final Exam	100
Total	400

### Grading Scale

A	360 pts and above	C+	308-319 pts	D	253-263 pts
B+	344-359 pts	C	292-307 pts	D-	240-252 pts
B	332-343 pts	C-	280-291pts	F	239 pts and below
B-	320-331 pts	D+	264-279 pts		

☉ You WILL NOT be graded on a curve. Your total points determines your grade

1. **ACTIVE PARTICIPATION** (5 pt each class): Each student is expected to contribute actively and continually. You will be providing constructive feedbacks to examples you read in class. Your feedback and reflection on each topic will be counted toward your participation grade.
2. **EXAMS** (50 pts each exam): Students will be asked to take 3 exams throughout the semester. The exam will take place in the testing center. Each exam will be open for 2 days (open dates will be provided with course schedule).
3. **PRESENTATION**: Each student will sign up for a psychological disorder listed in course content. The presentation content should include: *DSM-V diagnosis of the illness, current treatment options* and *1-2 research articles* addressing this mental illness. Each group will need to provide the class a 1-page handout summarized the presentation content. The length of the presentation should be around 30-35 minutes.
4. **FINAL EXAM**: The final exam will be cumulative and will be given during final exam time.

### Make-up Exams and Assignments

There will be no make-up cases, assignments, exams or presentations, except for students representing the university on officially approved trips and for the observance of a religious holy day. The instructor will not respond to a student's email which asks for make-up exams unless the student presented the official documents in advance. The instructor also will not respond to students' requests for giving extra credits after taking the last exam.

**\*\*Assignments received after the due date without prior approval will receive a 10 percent grade reduction each day. There is NO flexibility built into the due dates for each assignment. Deadlines for actual grant proposal completion are not negotiable.**

### College Resources

1. Tutoring Center: located on the 4th floor of the Holland Centennial Commons in Room 431 (<http://dsc.dixie.edu/tutoring/>)
2. Writing Center: located on the fourth floor of the Holland Centennial Commons in room 421. ([http://new.dixie.edu/english/dsc\\_writing\\_center.php](http://new.dixie.edu/english/dsc_writing_center.php))
3. Testing Center: located at North Plaza( <http://new.dixie.edu/testing/>)
4. Library: located on the 2nd, and 3rd floors of the Holland Centennial Commons

<http://library.dixie.edu/>

**Disability Accommodations**

Students with medical, psychological, learning or other disabilities desiring reasonable academic adjustment, accommodations, or auxiliary aids to be successful in this class will need to contact the DISABILITY RESOURCE CENTER Coordinator (Baako Wahabu) for eligibility determination. Proper documentation of impairment is required in order to receive services or accommodations. DRC is located in the North Plaza Building. Visit or call 652-7516 to schedule appointment to discuss the process. DRC Coordinator determines eligibility for and authorizes the provision of services.

**Student Appeals**

Students who believe themselves wrongfully disciplined may appeal those disciplinary actions through the standard grievance procedure. (Policy 5-35)

**Important Dates/Deadlines**

Jan 12	Classwork Starts
Jan 15	Last Day for Waitlist
Jan 16	Last Day to Add Without Signature
Jan 19	Martin Luther King Jr. Day
Jan 22	Drop/Audit Fee Begins (\$10 per class)
Jan 22	Residency Application Deadline
Jan 27	\$50 Late Registration/Payment Fee
Feb 2	Spring 2015 Associate's degree Graduation Application Deadline
Feb 2	Pell Grant Census
Feb 2	Last Day for Refund
Feb 2	Last Day to drop without receiving a "W" grade
Feb 4	Courses dropped for non-payment
Feb 6	Last Day to Add/Audit
Feb 16	President's Day
Mar 2	Summer 2015 Bachelor's degree Graduation Application Deadline
Mar 2	Mid-Term Grades Due
Mar 6	Last Day to Drop Individual Class
Mar 9-13	Spring Break
Mar 23	Fall Class schedule available online
Mar 23	Summer Registration open to Seniors (90+ credits)

Mar 24	Summer Registration open to Juniors (60+ credits)
Mar 25	Summer Registration open to Sophomores (30+ credits)
Mar 26	Summer Registration open to all students
Apr 1	Fall 2015 Bachelor's degree Graduation Application Deadline
Apr 10	Last Day for Complete Withdrawal
Apr 13	Fall Registration open to Seniors (90+ credits)
Apr 14	Fall Registration open to Juniors (60+ credits)
Apr 15	Fall Registration open to Sophomores (30+ credits)
Apr 16	Fall Registration open to all students
Apr 29	Classwork Ends
Apr 30	Reading Day
May 1	Final Exams
May 1	Associate's degree Graduation Deadline - Summer 2015
May 4-7	Final Exams
May 8	

**DISCLAIMER**

Information contained in this syllabus, other than the grading scale and exam/quiz policy may be subject to change with advanced notice, as deemed appropriate to the instructor.

**Tentative Course Schedule**

Week	Date	Topic	Reading
1	1/12	Intro to course/Syllabus	Article 1
	1/14	What is Mental Illness?	
	1/16		
2	1/19	<i>Holiday</i>	Ch 1
	1/21	Historical Context	
	1/23		
3	1/26	Integrative Approach	Ch 2
	1/28		
	1/30		
4	2/2	Clinical Assessment and Diagnosis	Ch 3
	2/4		
	2/6		
5	2/9	Anxiety Disorders	Ch 5
	2/11	Trauma and Stressor-Related Disorders	
	2/13	Obsessive-Compulsive Disorder	
6	2/16	<i>Holiday</i>	
	2/18	Review	
	2/19	<b>Exam 1</b>	
7	2/23	<i>Presentation 1</i>	Ch 7
	2/25	Mood Disorders	
	2/27		
8	3/2	Eating Disorders	Ch 8
	3/4		
	3/6	Sleep-wake Disorders	
9	3/9	<i>Spring Break</i>	
	3/11		
	3/13		
10	3/16	<i>Presentation 2</i>	Ch 12
	3/18	Personality Disorders	
	3/20		
11	3/23	Review	Ch 10
	3/25	<b>Exam 2</b>	
	3/27	Sexual Dysfunction Disorders	
12	3/30	<i>Presentation 3</i>	Ch 14
	4/1	Neurodevelopmental Disorders	

	4/3		
13	4/6	<i>Presentation 4</i>	
	4/8	Schizophrenia Spectrum Disorders	Ch 13
	4/10		
14	4/13	Substance-Related Disorders	Ch 11
	4/15		
	4/17	Addictive & Impulse-Control Disorders	
15	4/20	Somatic Symptom and Dissociative Disorders	Ch 6
	4/22	Review	
	4/24	<b>Exam 3</b>	
16	4/27	Legal and Ethical Issues	Ch 16
	4/29	Course Review	
Final	5/4	<b>Final Exam (10:00-12:00)</b>	