

Psychology of Abnormal Behavior
PSY 3400-01 (CRN 24557)& -03 (CRN 21885)
Spring 2014



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Office: 204A McDonald
Office Hours: 11:00-11:50 MWF, 2:15-3:05 TR

Lecture/Discussion: section 01 - Mon/Wed/Fri 9:00am to 9:50pm in MacDonald 106
section 03 - Tues/Thurs 1:00pm to 2:15 pm in MacDonald 206

Text: Whitbourne, S. K. & Halgin, R. (2013). *Abnormal Psychology: Clinical Perspectives on Psychological Disorders*. New York: McGraw-Hill. ISBN: 0078035279

Overview & Course Description: Welcome to Psychology of Abnormal Behavior. This course is an advanced course for students of all disciplines who wish to study the nature of mental disorders. It is particularly important for students majoring in psychology, criminal justice, or education. The course will cover DSM 5 diagnostic categories with descriptive information concerning development, symptomology and therapeutic strategies. Course requires college reading level skills and will require library research. Prerequisites: Psychology 1010 & 2000.

Philosophy/Expectations: This course will operate on the philosophy that active engagement with material fosters quality learning. There will be ample opportunity for in-class activities and discussion, both in small groups and with the entire class. Students are expected to read assigned text prior to class and be prepared to participate in class. Students are also expected to coordinate small group work effectively. Students can expect that I will come to class very well prepared and that I will do my very best to conduct the class so that it is interesting, informative, and respectful.

Attendance and participation in class is a substantial part of graded material. Class will start promptly at 2pm. Coming in late to class is disruptive, so please come on time. If you are late, be sure to be in class by 2:05pm at the latest. If you are later than 2:05pm, you will be considered absent, please do not come into class after this time. In addition, absences may

result in lost learning opportunities, including possible schedule changes and extra credit opportunities. See Dixie State College of Utah, Policies and Procedures Manual, section 5-23 on ATTENDANCE for further details.

Class Courtesy, Respectful Behavior & Responsibility: We will have a class discussion on the first day about our responsibilities to each other in this learning environment. We will generate expectations for behavior during class that will help us create a positive, responsible, and respectful learning environment. Classroom rudeness will NOT be tolerated under any circumstances and may result in immediate expulsion from the class meeting and/or the course at the professor's discretion. Rudeness can include (but is not limited to): INAPPROPRIATE COMPUTER USAGE, PHONE USAGE, LAUGHING, NOTE PASSING, PASSIVELY SITTING, SLEEPING, TALKING OUT OF TURN.

Learning Objectives & Outcomes

The primary objective of this course is to provide an over-view of mental disorders. By the end of this course, students should be able to:

- ⊙ Demonstrate knowledge of major issues and concepts in abnormal psychology.
- ⊙ Summarize the criteria of abnormality.
- ⊙ Apply the criteria of abnormality to different sets of symptoms.
- ⊙ Evaluate the significance of symptoms of a disorder in the sociocultural context.
- ⊙ Describe the modern explanations of psychopathology.
- ⊙ Demonstrate knowledge of empirical findings in abnormal psychology.

Assignments: There is an in-class small group presentation on a group of clinical disorders (you will have your individual disorder and will be in a group with others with similar disorders to present). There will be small group discussion within class or disorder questions due in class on most class days. There will also be 4 short paper assignments. The short paper assignments are designed to help you prepare to do your in-class presentation, **ALL ASSIGNMENTS MUST BE TURNED IN ON TIME TO RECEIVE CREDIT**. No late assignments can be turned in without a valid excuse cleared by the professor.

Note: Valid excuses are documented excuses that make it clear that it was not possible to come to class (e.g. medical note of serious illness, car repair receipt on the day of class, etc.).

Exams: There will be two Midterm Exams and a Final Exam. The Midterm exams will be at the Testing Center. **The Final Exam is in class (section 01 (MWF 9am class) – Wed., April 30, 10am to 12noon, section 03 (TR 1pm class) – Thur. May 1, 12:30-2:30pm).** The exams will consist of short essay and multiple choice items. **No early or makeup tests will be permitted for any of the exams without a valid, documented excuse.**

➤ You must take each Exam

- Each Midterm Exam will be given at the Testing Center in the North Plaza. All you need to take with you is your **STUDENT ID**, some blank paper, and a pen. Do not bring any other material (e.g., no books or notes).

Testing Center: <http://www.dixie.edu/testing/index.php>

- You will have a window of 2 days to go to the testing center to complete each exam (check the testing center website listed above for hours). Once you start the exam you will have 90 minutes to complete it.
- I typically give credit for questions that are answered incorrectly by seventy percent of the class or more.

Tentative Schedule

Week 1: January 6th thru 10th

Introductions, Overview of the Course, Abnormal Behavior, Causes, & History

Read Chapter 1: (pp 3-14)

Assignment: 4 research article abstracts due Sunday, January 12th by 11:59pm

Week 2: January 13th thru 17th

History, DSM 5, & Research

Read Chapter 1: (pp 14-23)

Read the Chapter on your Disorder

Assignments: Brief Paper 1 – Disorder Summary due Friday, January 17th

Brief Paper 2 – Research Summaries due Tuesday, January 21st

Week 3: January 20th thru 24th

Martin Luther King, Jr. Holiday on Monday, the 20th

Diagnosis & Treatment

Read Chapter 2: (pp 25-45)

Assignment: Brief Paper 3 – DSM 5 Summary due Sunday, January 26th

Week 4: January 27th thru 31st

Assessment

Read Chapter 3: (pp 47-69)

Assignment: Brief Paper 4 – Assessment Summary due Sunday, February 2nd

Week 5: February 3rd thru 7th

Theory & Integration

Read Chapter 4: (pp 71-99)

Exam 1 at Testing Center (Thurs. 6th thru Fri. 7th)

Group Assignment: Presentation Outline due Tuesday, February 11th

Assignments: Disorder Questions due in class on disorder presentation days

Week 6: February 10th thru 14th

Depressive & Bipolar Disorders sample presentations

Read Chapter 7: Depressive and Bipolar Disorders

Presentation Preparation in class

Powerpoint Presentations due on Canvas by 11:59pm on Friday, February 14th

Week 7: February 17th thru 21st

Presidents' Day Holiday on Monday, the 17th

Disorders presentations

Readings TBD

Week 8: February 24th thru 28th

Disorders presentations

Readings TBD

Week 9: March 3rd thru 7th

Disorders presentations

Readings TBD

Spring Break: March 10th thru 14th

Week 10: March 16th thru 21st

Disorders presentations

Readings TBD

Week 11: March 24th thru 28th

Disorders presentations

Readings TBD

Exam 2 in Testing Center (Thurs 27th thru Friday 28th)

Week 12: March 31st thru April 4th

Disorders presentations

Readings TBD

Week 13: April 7th thru 11th

Disorders presentations

Readings TBD

Week 14: April 14th thru 18th

Disorders presentations

Readings TBD

Week 15: April 21st thru 23rd

Ethics & Other Topics

Read Chapter 16

Review for Final Exam

Final Exams in Class: section 01 (MWF 9am class) – Wed., April 30, 10am to 12noon
 section 03 (TR 1pm class) – Thur. May 1, 12:30-2:30pm

DISCLAIMER

Information contained in this syllabus, other than the grading scale and exam/quiz policy may be subject to change with advanced notice, as deemed appropriate to the instructor.

Earning Points:

- A. Small Group/Class Participation: earned for participating actively in class discussions and in-class small group assignments. Each activity is worth 5 points. So with 11 activities, this totals to 55 points.
- B. Reference Abstracts: 5 points.
- C. 4 Short Paper Assignments: Brief (1 page) papers done outside of class, submitted on Canvas on the due date. Papers are worth 10 points each for a total of 40 points.
- D. Disorder Questions: questions are to be typed, printed & brought to class on each presentation day (handwritten or late questions will not be accepted). Questions are worth 5 points each. So with 12 presentation class days, this totals to 60 points.
- E. Disorder Presentation & Outline: Your in-class presentations will be in groups, but you will be scored individually for your contributions. Outlines will receive one score for the entire group. Presentations are worth 80 points (20 point outline & 60 point presentation)
- F. Midterm Exams: Taken at the Testing Center. Each Midterm is worth 100 points for a total of 200 points.
- G. Comprehensive Final Exam: Taken in class. The final is worth 150 points.

Summary of Points Possible

Short Paper Assignments	40 points
Small Group Activities are worth 5 points each, times 11 Activities is	55 points
Disorder Questions are worth 5 points each, times 12 days is	60 points
Disorder Presentations & Outlines are worth 80 points	80 points
Midterms are worth 100 points each, times 2 Midterms is	200 points
<u>Final Exam is worth 150 points</u>	<u>150 points</u>
TOTAL:	585 points

- At no time during the course will grades be curved. Your point totals determine your grade, not how other people perform.

Grading Policy

<u>Grade</u>	<u>Percent</u>	<u>Grade</u>	<u>Percent</u>
A	94% - 100%	C	74% - 76%
A-	90% - 93%	C-	70% - 73%
B+	87% - 89%	D+	67% - 69%
B	84% - 86%	D	64% - 66%
B-	80% - 83%	D-	60% - 63%
C+	77% - 79%	F	59% AND BELOW

OTHER IMPORTANT DATES/DEADLINES

Jan 6	Class-work Begins
Jan 10	Last Day to Add Without Signature
Jan 20	Martin Luther King, Jr. Day
Jan 15	Drop fee begins (\$10 per class)
Jan 31	Graduation Application Deadline
Jan 27	Last Day for Refund, Last day to drop without receiving a "W" grade
Jan 31	Last Day to ADD/AUDIT Classes
Feb 17	Presidents' Day
Feb 28	Last Day to DROP Classes
March 10-14	Semester Break
March 28	Last Day for Complete Withdrawal
April 7	Registration open to Seniors (90+ credits)
April 8	Registration open to Juniors (60+ credits)
April 9	Registration open to Sophomores (30+ credits)
April 10	Open Registration
April 23	Class-work Ends
April 25-May 1	Final Exams

e-mail: You are required to frequently check your Dmail account & Canvas messages .

Important class and college information will be sent to your dmail account, including DSC bills, financial aid/scholarship notices, notices of cancelled classes, reminders of important dates and deadlines, and other information critical to your success at DSC and in your courses. If you don't know how to access your dmail account, go to www.dixie.edu and select "Dmail" from the left column. To locate your dmail username and password, go to www.dixie.edu, and click on "Log in to student services" (upper right corner).

College approved absences: Dixie College Policy explains in detail what needs to happen if you anticipate being absent from class because of a college-sponsored activity (athletic events, club activities, field trips for other classes, etc). Please read this information and follow the instructions carefully! The policy can be found at:

<http://www.dixie.edu/humanres/policy/sec5/523.html>

Disability Accommodations: Students with medical, psychological, learning or other disabilities desiring reasonable academic adjustment, accommodations, or auxiliary aids to be successful in this class will need to contact the DISABILITY RESOURCE CENTER Coordinator (Baako Wahabu) for eligibility determination. Proper documentation of impairment is required in order to receive services or accommodations. DRC is located in the North Plaza Building. Visit or call 652-7516 to schedule appointment to discuss the process. DRC Coordinator determines eligibility for and authorizes the provision of services.

Classroom expectations: It is the responsibility of an instructor to manage the classroom environment to ensure a good learning climate for all students. This means not talking when the teacher is talking, following instructions, and speaking and acting respectfully to the

professor and fellow students. If your behavior is disruptive, I will first let you know verbally that you are behaving inappropriately. If it continues, I will send you written notice that your behavior must change. As a last resort, I will drop you from the class. For more details, please see the disruptive behavior policy at: <http://www.dixie.edu/humanres/policy/sec3/334.html>

Disruptive Behavior: Teachers at Dixie State College have the right to manage the classroom environment to ensure a good learning climate. Toward this end, teachers (or college security) may dismiss and remove disruptive students from individual class activities. If a student's behavior continues to disrupt class activities, the teacher may dismiss and cause the removal of disruptive students from their course.

College resources: Several college resources are available to help you succeed. Check out the links for each one to get more information.

If you need help understanding the content of your courses, go to the Tutoring Center located on the 4th floor of the Holland Centennial Commons in Room 431. You can visit them online at <http://dsc.dixie.edu/tutoring/>

If you need help writing papers, go to the Writing Center on the fourth floor of the Holland Centennial commons in room 421. You can also visit them online at http://new.dixie.edu/english/dsc_writing_center.php

If you need to use a computer to do schoolwork on campus, go to the Smith Computer Center or in the Dixie College library on the second, mezzanine, or third floors of the HCC.

If you are assigned to take a test in the Testing Center, go to the North Plaza. You can get information on their website at <http://new.dixie.edu/testing/>

The Library has all kinds of information and resources. Visit the Dixie State College Library on the 2nd, and 3rd floors of the Holland Centennial Commons, or go to the library website at <http://library.dixie.edu/>

Academic integrity: I believe that most students are honest, and I don't want to punish everyone for the few that aren't. However, I will not tolerate cheating, and if I discover that it has occurred, a zero grade will be given for that assignment or exam, and you will not be allowed to make it up. Repeated or aggravated offenses will result in failing the course. Any time you take credit for work you did not do, you are cheating. This includes getting the answers to homework problems from someone else, copying information from a library or internet source and presenting it as if it were your own words (plagiarism), looking at someone else's answers on an exam, and asking someone who has already taken a test about what questions it contains. I have tried to design assignments and exams to minimize the temptation to cheat, but it is not my job to prevent you from cheating. If you cheat and are not caught, it doesn't mean that you "beat the system." It means you violated the Student Code and forfeited

your integrity, whether or not you are caught. You will pay the price, sooner or later. (See "Student Code" <http://www.dixie.edu/humanres/policy/sec5/533.html#appeals>).

Student Appeals: Students who believe themselves wrongfully disciplined may appeal those disciplinary actions through the standard grievance procedure. (Policy 5-35)