

**Syllabus and Course Outline
Dixie State University**

**PSY 3320
Survey of Clinical Psychology
Fall 2014**

Instructor: Dr. Christine E. Chew

Class Meets on: Day: Tuesday/Thursday **Time:** 1-2:15pm

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Office: McDonald Building (MCD) 210

Office Hours: Mon: 12-1:30pm T/Th: 11:45-1pm Weds: 12-1pm

Room Number: MCD 206

PROGRAM: Psychology

CREDIT HOURS: 3

CONTACT HOURS: Lecture: 3

COURSE DESCRIPTION:

This course is intended for students enrolled in the psychology program. We will be exploring the major components of clinical psychology, issues with clinical work, the science of clinical psychology, and the application of theories and paradymys.

SOCIAL SCIENCE PROGRAM OBJECTIVES

As an outcome of taking courses in the Social Sciences Program, students shall:

1. Demonstrate the ability to examine human behaviors in a structured and organized way as a means of understanding the human condition. Measured by examination and/or oral and written reports.
2. Demonstrate the ability to recognize the ideas, people and events that are generally thought to be important by social scientists. Measured by examination and/or oral reports.

3. Develop a perceptual frame or reference based on social scientific knowledge. Measured by the presence of an attitudinal frame of reference which would be expressed in written or oral activities.
4. Exhibit concepts of critical thinking and scientific methodology in examining human behavior. Measured by the presence of an attitudinal frame of reference which would be displayed in written or oral activities.

MAJOR COURSE LEARNING OBJECTIVES:

Upon successful completion of this course the student will be expected to:

1. To provide a balanced approach to clinical psychology theory.
2. To promote cultural competence within the nature of clinical work.
3. To develop ability to critically evaluate and assess clinical issues.
4. Ability to apply theory to practice in a clinical setting.

COURSE METHODS:

The course will be as a lecture/ seminar, with each student asked to consider particular questions during class discussions and reading material, and comment in the class on these issues. We will focus on:

1. Readings in relevant texts and articles;
2. Lectures which discuss the readings and present practice examples;
3. In class case studies.
4. Student demonstration of acquired knowledge through class participation, group work, presentation and research.

Email is the preferred method for contacting the professor outside of class.
When emailing the professor the subject line should read: **Clinical Psychology.**

GENERAL CLASS CONDUCT

ALL CELL PHONES <u>OFF</u> WHEN YOU ENTER THE CLASSROOM
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It is expected that students are on time to class. In general, students will not be permitted to enter the class once it has started.

Students are expected to approach the class as mature adults and to conduct themselves accordingly. While questions and interaction with the instructor are encouraged during the seminar, disruptive remarks, behavior and unnecessary personal conversations between students will not be tolerated. At times a topic or topic matter may contain sensitive issues. It is imperative that we all conduct ourselves with respect for others even should we disagree with someone's view point. Our classroom is a "safe" space, which requires that students agree to keeping sensitive matters confidential, and to respect each other's privacy with regard to personal remarks in

classroom.

Please refrain from:

Coming in late or leaving early. It is imperative that you make the commitment to be in class the entire class length.

Doing other work or other activities aside from the classwork that is being presented or assigned.

Sleeping during the class.

Listening to I-pods or other portable music/audio devices.

Making jokes or having discussions with others in the class that would be disruptive to others.

For more details, please see the disruptive behavior policy at:
<http://www.dixie.edu/humanres/policy/sec3/334.html>

Referrals:

Many psychology courses, such as this one, often provide students with self reflection oriented readings and activities. At times, this reflection can trigger emotional responses, or other types of reactions that can cause significant personal distress or upset. Sometimes these responses are from past issues, or traumas, or other things happening in a student's life. While I am able to understand this, as a clinician, and have training in the area of therapeutic intervention; as a faculty member, I am unable to engage in a relationship of this nature with my students. It is unethical, according to the field ethics code, and it is also considered a dual role relationship, which is highly discouraged. Should you find yourself in a situation of this sort, I would be happy to make a confidential referral for you, to our college counseling center, and provide any support I can to find you some resources. Again, unfortunately, I cannot serve you in a therapeutic role, but I am very happy we have the counseling center available to students for just such situations.

REQUIRED MATERIALS

Texts:

Title: Clinical Psychology
Author: Trull and Prinstein
8th Edition
Cengage Learning

CLASS STRUCTURE

In general, the class will follow seminar / discussion format. All text material will not be covered in class. However, students are responsible for all material in the text reading assignments and handouts.

Student participation during class discussions will not be formally graded; attendance, and class interaction will count toward your grade. Please see below for point value.

EVALUATION:

Grading will be based upon 450 possible points in the course distributed as follows:

1. 4 Exams	50 (4) points each
2. Class assignments/activities, participation	50 points
3. Journal	100 points
4. Final Exam	100 points

TOTAL 450 points total

GRADING SCALE:

A = (95 – 100%)
A- = (90-94%)
B += (87-89%)
B = (83-86%)
B-= (80-82)
C+ = (77-79%)
C= (73-76%)
C-= (70-72%)
D = (60 – 69%)
F = (59% and less)

The professor reserves the right to assign activities as is deemed necessary during the semester.

READING ASSIGNMENTS:

You will be expected to complete the required reading assignments outlined in the course schedule, regarding assessment issues, prior to class and incorporate this learning into your comments during lecture and case presentations.

Exams

Students will be asked to take four exams worth 50 points. The final exam will be cumulative and will also be worth 100 points.

LATE ASSIGNMENTS WILL NOT BE ACCEPTED. THERE WILL BE NO MAKE UP EXAMS. Please talk with the instructor for excused absences as per college policy.

FORMATS AND TOPICS ARE SUBJECT TO CHANGE DURING SEMESTER

COURSE OUTLINE

<u>August 26</u>	Course Intro
<u>August 28</u>	Pathology overview/review
<u>Sept. 2</u>	Chapter 1: What is Clinical Psychology?
<u>Sept 4</u>	Chapter 2: Historical Overview
<u>September 9</u>	Wellness
<u>September 11</u>	Chapter 3: Current Issues
<u>September 16</u>	Exam #1
<u>September 18</u>	Chapter 4: Research Methods
<u>September 23</u>	Chapter 6: Assessment
<u>September 25</u>	Shame and Suicide
<u>September 30</u>	Chapter 10: Clinical Judgement
<u>Oct. 2</u>	Exam #2
<u>October 7</u>	Chapter 11: Psychological Interventions
<u>October 9</u>	Attachment Styles
<u>October 14</u>	Spirituality
<u>October 16/17</u>	Fall Break/ No Class
<u>October 21</u>	Special Topic/Catch up
<u>October 23</u>	Exam #3
<u>October 28</u>	Chapter 11: General Issues in Psychotherapy
<u>October 30</u>	Chapter 12: Psychodynamic Theory
<u>Nov. 4</u>	Transference/Resistance/Self Disclosure
<u>November 6</u>	Chapter 14: Behavioral/Cognitive Behavioral Theory

<u>November 11</u> <u>November 13</u>	No Class: Career Day Exam #4
<u>November 18</u> <u>November 20</u>	Chapter 13: Humanistic Theory Chapter 15: Group and Family Theory
<u>November 25</u> <u>November 27</u>	Special Assignment/Independent work Thanksgiving Holiday/ NO Class
<u>December 2</u> <u>December 4</u>	Chapter 16: Community Psychology Happiness
<u>December 9</u> <u>December 11</u>	Exam #5 Review for Final Exam
Final Exam:	Tuesday Dec. 16 1:00-3:00pm

*** ALL TEST DATES AND ASSIGNMENTS SUBJECT TO CHANGE ****

Dmail:

Important class and college information will be sent to your Dmail account. This information includes your DSC bill, financial aid/scholarship notices, notification of dropped classes, reminders of important dates and events, and other information critical to your success in this class and at DSC. All DSC students are automatically assigned a Dmail account. If you don't know your user name and password, go to www.dixie.edu and select "Dmail," for complete instructions. You will be held responsible for information sent to your Dmail email, so please check it often

Important DSC dates to remember:

Aug 15	Admission Late Fee Begins
Aug 18-22	Faculty Workshops
Aug 25	Classwork Starts
Aug 28	Last Day for Waitlist
Aug 29	Last Day to Add Without Signature
Sep 1	Labor Day
Sep 4	Drop/Audit Fee Begins (\$10 per class)
Sep 4	Residency Application Deadline
Sep 9	\$50 Late Registration/Payment Fee
Sep 15	Pell Grant Census
Sep 15	Last Day for Refund
Sep 15	Last Day to drop without receiving a "W" grade
Sep 17	Courses dropped for non-payment
Sep 19	Last Day to Add/Audit
Oct 1	Fall 2014 Associate's degree Graduation Application Deadline
Oct 15	Mid-Term Grades Due

Oct 16-17	Semester Break
Oct 20	Last Day to Drop Individual Class
Oct 27	Spring and Summer 2015 class schedules available online
Nov 3	Spring 2015 Bachelor's degree Graduation Application Deadline
Nov 11	Career Day
Nov 14	Last Day for Complete Withdrawal
Nov 17	Spring Registration open to Seniors (90+ credits)
Nov 18	Spring Registration open to Juniors (60+ credits)
Nov 19	Spring Registration open to Sophomores (30+ credits)
Nov 20	Spring Registration Open to All Students
Nov 26-28	Thanksgiving Break
Dec 12	Classwork Ends
Dec 15-19	Final Exams

Disability Accommodations:

Students with medical, psychological, learning or other disabilities desiring reasonable academic adjustment, accommodations, or auxiliary aids to be successful in this class will need to contact the DISABILITY RESOURCE CENTER Coordinator (Baako Wahabu) for eligibility determination. Proper documentation of impairment is required in order to receive services or accommodations. DRC is located in the North Plaza Building. Visit or call 652-7516 to schedule appointment to discuss the process. DRC Coordinator determines eligibility for and authorizes the provision of services.

College resources:

College resources: Several college resources are available to help you succeed. Check out the links for each one to get more information.

If you need help understanding the content of your courses, go to the Tutoring Center located on the 4th floor of the Holland Centennial Commons in Room 431. You can visit them online at <http://dsc.dixie.edu/tutoring/>

If you need help writing papers, go to the Writing Center on the fourth floor of the Holland Centennial Commons in room 421. You can also visit them online at http://new.dixie.edu/english/dsc_writing_center.php

If you need to use a computer to do schoolwork on campus, go to the Computer Center in

the Smith Computer Center or the Library basement.

If you are assigned to take a test in the Testing Center, go to the North Plaza. You can get information on their website at <http://new.dixie.edu/testing/>

The Library has all kinds of information and resources. Visit the Dixie State College Library on the 2nd, and 3rd floors of the Holland Centennial Commons, or go to the library website at <http://library.dixie.edu/>

Academic integrity:

DSC believes that most students are honest. However, cheating will not be tolerated, and if discovered, a zero grade will be given for that assignment or exam, and you will not be allowed to make it up. Repeated or aggravated offenses will result in failing the course. Any time you take credit for work you did not do, you are cheating. This includes getting the answers to homework problems from someone else, copying information from a library or internet source and presenting it as if it were your own words which is called plagiarism. Plagiarism is a particularly serious offense in academia.

Looking at someone else's answers on an exam, and asking someone who has already taken a test about what questions it contains also constitutes cheating . This course has been designed to minimize the temptation to cheat, however it is not the job DSC or the instructor to make things "cheat proof." If you cheat and are not caught, it doesn't mean that you "beat the system." It means you violated the Student Code and forfeited your integrity.

For further information on the Student code please refer to <http://library.dixie.edu/policies/studentcodesectionfour.pdf> page 8. DSC is committed to helping students honor the student code and to have consequences for those who do not abide by its standards.

COPYRIGHT STATEMENT:

Students shall adhere to the laws governing the use of copyrighted materials. They must insure that their activities comply with fair use and in no way infringe on the copyright or other proprietary rights of others and that the materials used and developed at Union College contain nothing unlawful, unethical, or libelous and do not constitute any violation of any right of privacy.