

Psychology 1010 - Introduction to Psychology (3 credits)

Spring 2013 (January 8, 2013 – April 30, 2013)

CRN 24552 - Tuesday – 5:15 pm - 7:45 pm, MCD 103



Instructor: **Colin Metzger**

Office Hours: Tuesdays 4:30 – 5:00 pm & 8:00 – 8:30 pm and by appointment **MCD 103**

DSC Main 435.652.7500

Phone: 435.256.8769 E-mail: metzger@dixie.edu

Social Sciences Department 435.652.7815

Required Text:

Schacter, Gilbert & Wegner. Psychology (2nd edition). Worth Publishers (2010).

- no prerequisites or co-requisites are required
- fulfills social science requirement for Dixie State College Associate Degrees.
- Instructional Methods: Lecture, PowerPoint, group discussion, videos and activities.

Course Description:

Fulfills General Education Social and Behavioral Sciences requirement. For students in all disciplines who are interested in the fundamental scientific principles of behavior. Includes the study of learning, motivation, emotion, personality, mental disorders, treatment alternatives, and other related subjects as part of the course. Critical thinking will be explored in examining these aspects of behavior. Students will have frequent examinations and quizzes as part of the course requirements.

Americans with Disabilities Act (ADA):

Proper documentation of an impairment is required in order to receive services or accommodations:

"If you are a student with a medical, psychological or a learning difference and requesting reasonable academic accommodations due to this disability, you must provide an official request of accommodation to your Professor(s) from the Disability Resource Center within the first two weeks of the beginning of classes. Students are to contact the Center on the main campus to follow through with, and receive assistance in the documentation process to determine the appropriate accommodations related to their disability. You may call (435) 652-7516 for an appointment and further information regarding the Americans with Disabilities Act (ADA) of 1990 per Section 504 of the Rehabilitation Act of 1973."

Class Expectations: Students are expected to attend class regularly. There are no 'excused' absences. Roll will be taken in class each day. Please respect other students and turn off your mobile phones before class. Also, do not leave class while it is in session unless it is an emergency.

Dixie State College Policy 3-34 Academic Discipline

34.1 Cheating: Academic dishonesty in any form will not be tolerated at Dixie State College, including but not limited to plagiarism on written assignments, submitting other person's work as one's own, and cheating on exams or quizzes. Teachers at Dixie State College may discipline students proven guilty of academic dishonesty by: 34.1.1 Giving a failing grade on the specific assignment where dishonesty occurred, 34.1.2 Failing the student in the entire course, 34.1.3 Immediately dismissing and removing the student from the course, and/or 34.1.4 Referring the student to Student Affairs, a committee which may reprimand, place on probation, suspend, and/or expel the student. 34.2 Disruptive Behavior: Teachers at Dixie State College have the right to manage the classroom environment to ensure a good learning climate. Toward this end, teachers (or college security) may dismiss and remove disruptive students from individual class activities. If a student's behavior continues to disrupt class activities, the teacher may dismiss and cause the removal of disruptive students from their course. 34.3 Student Appeals: Students who believe themselves wrongfully disciplined may appeal those disciplinary actions through the standard grievance procedure.

The Psychology Program at Dixie State College is committed to:

- Developing students who value the search for knowledge by means of scientific methods and research and to providing students with the knowledge and skills to do so.
- Developing students who appreciate and understand that behavior results from a complex interaction between physiological systems, genetic influences, experiential and environmental factors and social forces.
- Developing students whose understanding of psychology reflects an integration of a variety of theoretical perspectives.
- Developing students who appreciate the power of applied psychology to foster physical, psychological, and communal well-being
- Inspiring students to act ethically as scholars and as future practitioners of psychology.
- Inspiring students to value and to use critical thinking as students, scholars, consumers of media, and targets of influence.
- Inspiring students to commit themselves to a lifetime pursuit of knowledge and understanding.

Course Objectives:

- Demonstrate an ability to examine human behaviors as a way of understanding the human condition.
- Express points of view based on social scientific knowledge.
- Exhibit elements of critical thinking and scientific methodology in examining human behavior.
- Name the major pioneers in psychology, such as Freud, Pavlov, Piaget, Kohlberg, Maslow, and Skinner, and describe the contribution(s) each has made to the development of psychology.
- Name and describe each of psychology's major perspectives: biological, psychoanalytic, behavioral, humanistic, cognitive, and social-cultural.
- Identify psychological research methods - descriptive, correlational, and experimental - and apply that understanding in evaluating the validity of popular psychological claims.
- Apply psychological principles to their own lives by suggesting methods they might use to understand themselves and others more fully, to increase personal growth and development, to improve interpersonal relationships, and to maximize professional competence.

Dixie State College Support Resources:

- Dixie State Library (library.dixie.edu)
- Career Center (new.dixie.edu/career)
- Online Writing Center (dsc.dixie.edu/owl)
- Advisement (www.dixie.edu/advisement/)
- Tutoring Center (new.dixie.edu/tutoring)

Spring 2013 – Important Dates

Jan 7 Classwork Starts

Jan 14 Drop/Audit Fee Begins (\$10 per class)

Jan 21 Martin Luther King Jr. Day

Jan 22 \$50 Late Registration/Payment Fee

Jan 29 Last Day for Refund

Jan 29 Last Day to drop without receiving a "W" grade

Jan 30 Courses dropped for non-payment

Feb 1 Last Day to Add/Audit

Feb 18 President's Day

Mar 1 Last Day to Drop Individual Class

Mar 11-15 Spring Break

Mar 29 Last Day for Complete Withdrawal

Apr 24 Classwork Ends

Apr 26 Final Exams

Apr 29-30, May 1 Final Exams

May 2 Final Exams

May 3 Commencement

Grading: Based on scores from quizzes, short answer packets, chapter exams, mid-term project, analysis paper and a comprehensive final exam.

Short Answer Packets: Three packets will be handed in and will each be worth 15 points. All responses must be typed unless specified. Students will hand in the packets on the class period of the scheduled exam. ***No late packets will be accepted.*** Each packet will include questions from the following (*same as the unit exams*):

Packet 1: Chapters 1, 2, 3

Packet 2: Chapters 5, 7, 6, 10

Packet 3: Chapters 8, 4, 11, 12

Chapter Exams: Three 40-question exams covering the following chapters. You will need a green scantron to complete each exam. Exams will be taken in class as stated in the course schedule.

Exam 1: Chapters 1, 2, 3

Exam 2: Chapters 5, 7, 6, 10

Exam 3: Chapters 8, 4, 11, 12

Final Exam: (70 points) Chapters 14, 15, 13, class presentations & 3 comprehensive short-answer questions.

The tests may be a combination of multiple choice, fill-in-the-blank, True False, and short answer questions and will be taken in class as noted on schedule. Students will hand in the corresponding packet as marked on the class schedule. For the most part, exams will cover information from the text; however, they may also include questions on video, handouts, or class discussions. Schedule an appointment to take an early exam.

Early Exams: You are expected to take tests on scheduled days. However, if you cannot take the test on the scheduled day(s) for reasons that are beyond your personal control, you may take a test early without penalty. The test may be an alternate multiple choice/fill-in-the-blank version.

Late Exams: If you do miss a test, you may make up the test on the following class meeting; however, the test may be an alternate format and the test score will be lowered by 10 points for each week it is taken late. There is no make-up test option for the final exam. Points will be deducted from a late test score regardless of the reason for missing the test.

Class Participation: There will be points awarded for class participation throughout the semester based on attendance, quizzes, activities, handouts, etc. *There is no make-up for participation.*

Mid-Term Project: Students will complete an APA style paper covering a psychological disorder. A list of possible topics will be given in class; only one person per psychological disorder. The paper must be 6-7 pages in length (including reference and title pages), use a normal font size (10-12) with 1" margins and include a title page. Students must use at least 4 references with 2 references from different types of sources (i.e. 1 journal, 1 website, 1 interview). All references must be cited within the body of the

paper. Cover such topics as causes, treatment, prevalence, and future outlook. . Please contact me if you have questions concerning this project or APA style. **No late projects will be accepted**

Students will also prepare a hands-on educational activity (i.e. game, group activity, experiment) to be handed in with the paper. The activity portion will account for 20 points of the project grade and students will present their projects in class.

APA Style Guide: Located on the library webpage that can be accessed by going to www.dixie.edu

Points will be assigned based on the following criteria:

Length of Paper, Organization, Spelling and Grammar, APA style, Synthesis of Material, Educational Activity (presented in class as noted on class schedule)

Grading Scale: Grades will be computed based on the following:

Class Participation 15 @ 3 points each	45 points	13 % of the final grade
3 Short Answer Packets @ 15 points each	45 points	13 % of the final grade
3 Chapter Tests @ 40 points each	120 points	34 % of the final grade
Mid-Term Project	70 points	20 % of the final grade
Final Exam	70 points	20 % of the final grade

Total Possible Points **350 points**

%	Grade		%	Grade		%	Grade		%	Grade
95-100	A		83-86	B		73-76	C		63-66	D
90-94	A-		80-82	B-		70-72	C-		60-62	D-
87-89	B+		77-79	C+		67-69	D+		59 & below	F

Compute your progress throughout the semester. Use the following steps to compute your grade at any point during the semester:

- add all the points possible so far in the quarter
- add the points that you have earned
- divide your total points by the total number of points possible so far
- refer to the above grade scale to determine your current letter grade

Examples:

Your points so far: $\frac{85}{120} = 70.8\%$ (C-) or $\frac{123}{140} = 87.9\%$ (B+)

Total points possible: 120

140

Assignment	Earned/Total	Assignment	Earned/Total	Assignment	Earned/Total
Packet 1	/15	Exam 1	/40	Mid Project	/70
Packet 2	/15	Exam 2	/40	Final Exam	/70
Packet 3	/15	Exam 3	/40	Participation	/45
				Total	/350

Class Schedule: The instructor reserves the right to make changes to the class schedule and/or topics. Students should complete reading assignments **before** each class period as this will aid your understanding of the material and preparation for quizzes. Students are responsible for exam material even if not covered in class lectures.

Date	Day	Readings & Topics	Assignments Due All exams taken in class
1/8	T	Chapter 1: Psychology: The Evolution of a Science Chapter 2: Methods in Psychology <i>Syllabus Review</i>	Participation 1
1/15	T	Chapter 3: Neuroscience & Behavior <i>Syllabus Review</i>	Participation 2
1/22	T	Chapter 5: Consciousness	Participation 3 Exam 1, Packet 1
1/29	T	Chapter 7: Learning	Participation 4
2/5	T	Chapter 7: Learning	Participation 5
2/12	T	SPRING BREAK – NO CLASS	
2/19	T	Chapter 6: Memory	Participation 6
2/26	T	Chapter 10: Intelligence, <i>Chapter 9: Language and Thought</i>	Participation 7
3/5	T	Chapter 8: Emotion & Motivation, <i>Chapter 4: Sensation & Perception</i>	Participation 8 Exam 2, Packet 2
3/12	T	Chapter 11: Development	Participation 9
3/19	T	Chapter 12: Personality	Participation 10
3/26	T	Class Presentations	Participation 11 APA Paper Exam 3, Packet 3
4/2	T	Chapter 14: Psychological Disorders	Participation 12
4/9	T	Chapter 15: Treatment of Psychological Disorders	Participation 13
4/16	T	Chapter 13: Social Psychology	Participation 14
4/23	T	Chapter 13: Social Psychology	Participation 15
4/30	T	Final Exam (taken in class)	