

Welcome to Introduction to Psychology!

[Click here to check when your finals are](#) (scroll to the bottom).

Questions about the course? Click the syllabus tab on the left. The **course outline, grading information, and course objectives are found in the syllabus.**

Questions about what we will cover week by week? Click modules.

Questions about assignments? Click assignments.

ALWAYS feel free to email me (vcarlson@dixie.edu) or drop by my office (McD 223) with questions/comments/ideas/ or just to say howdy!

Course Syllabus

Please be aware that this syllabus is subject to change as instructor deems necessary.

PSY 1010-07 General Psychology, Course #40232/46588, 3.0 credits MWF 12-12:50pm. Hazy 219

Final Exam: May 1 at 12:30 in our classroom

Instructor: Valerie Wilstead Carlson. **Office Hours:** McD223 TR 11:45-1pm, MW 1-2pm or by appointment. **Email:** vcarlson@dixie.edu **Office Phone:** (435) 879-4293

Textbook: Schacter, D. L., Gilbert, D. T., & Wegner, D. M. (2011). *Psychology* (2nd ed.). New York, NY: Worth Publishers. A copy is on reserve in the library (Holland Building).

Course Description: “For students in all disciplines who are interested in the fundamental scientific principles of behavior. The student will study learning, motivation, emotion, personality, mental disorders, treatment alternatives and other related subjects as part of the course. Critical thinking will be explored in examining these aspects of behavior. Students will have frequent examinations and quizzes as part of the course requirements. This course satisfies general education requirements in the social sciences area. 3 lecture hours per week.” (Description from Course Catalog)

Course Objectives: The purpose of this course is to teach students many of the scientific approaches used to study human behavior, from many different psychological perspectives: biopsychology, clinical and counseling psychology, cognitive psychology, developmental psychology, health psychology, social psychology, etc. Students will also learn significant findings and theories developed within a variety of sub-disciplines of psychology. Students will demonstrate their learning through short quizzes and longer exams.

Course Outline and Reading Assignments:

<u>Date</u>	<u>Reading Description</u>	<u>Ch:Pages</u>
Mon., 1/7	Welcome to the Course	---
Wed., 1/9	Psychology’s Roots	1:1-15
Fri., 1/11	Behaviorism and Modern Psychology	1:16-35
Mon., 1/14	Empiricism and the Scientific Method	2:39-51
Wed., 1/16	Correlations and Experiments	2:52-73
Fri., 1/18	How Neurons Work	3:77-91
Mon., 1/21	<i>Holiday! No Class.</i>	<u><i>Be Healthy</i></u>
Wed., 1/23	Nervous System Organization and Anatomy	3:91-104

Fri., 1/25	Investigating the Brain	3:105-120
Mon., 1/28	Introduction to Perception	4:125-144
Wed., 1/30	Visual Recognition	4:144-156
Fri., 2/1	Memory Encoding and Storage	6:219-232
Mon., 2/4	Memory Retrieval and Errors	6:232-258
Wed., 2/6	Classical Conditioning	7:263-276
Fri., 2/8	Operant Conditioning	7:277-293
Mon., 2/11	Observational Learning and Cognition	7:293-303
Wed., 2/13	Emotional Experience and Communication	8:307-324
Fri., 2/15	Motivation	8:325-343
Mon. 2/18	<i>Holiday!!</i>	<i>Be Healthy</i>
Wed. 2/20	Language and Communication	9: 347-367
Fri., 2/22	Decision Making and Problem Solving	9: 368-385
Mon., 2/25	Intelligence: What is it?	10: 397-416
Wed. 2/27	Intelligence Testing	10: 389-396
Fri., 3/1	Improving Intelligence	10: 417-419
Mon., 3/4	Infancy and Childhood	11: 423-447
Wed. 3/6	Adolescence	11: 448-455
Fri., 3/8	Adulthood	11: 456-466
Mon., 3/18	Personality Traits	12: 467-478, 486-501
Wed., 3/20	Myers-Briggs	MB reading
Fri., 3/22	Personality and Communication	MB reading
Mon., 3/25	Social Behavior and Influence	13: 505-535
Wed., 3/27	Stereotyping and Attribution	13: 535-544
Fri., 3/29	What is consciousness??	5: 175-189
Mon., 4/1	Dreams, sleep, and drugs	5: 190-208
Wed., 4/3	Hypnosis and meditation	5: 209-214
Fri., 4/5	Introduction to psychological disorders; anxiety	14: 549-564
Mon., 4/8	Mood and dissociative disorders	14: 564-573
Wed., 4/10	Schizophrenia and personality disorders	14: 573-585
Fri., 4/12	Psychological treatments	15: 589-605
Mon., 4/15	Biological treatments	15: 606-621
Wed., 4/17	Stress and psychoneuroimmunology	16: 627- 636
Fri., 4/19	Stress Management	16: 637-642
Mon., 4/22	Health Psychology – An emerging field	16: 649-653
Wed., 4/24	Psychology Bowl!!! Let's Review!!	
	Study Everything.....	
May 1	Final Exam in Class (60 questions, scantron)	Review All

Grading:

Final Grades will be determined on a standard percentage basis: A = 93%, A- = 90%, B+ = 87%, B = 83%, B- = 80%, C+ = 77%, C = 73%, C- = 70%, and so forth.

Eight quizzes will be taken in the testing center. Your lowest quiz score will be dropped (ONLY ONE). The final exam is comprehensive.

quizzes	7 x 100 points each (25 questions each)	700 possible points
final exam	1 x 200 points (60 comprehensive questions)	200 “ “
activities	2 x 25 points	50 “ “

TOTAL: 950 possible points

The average completion time for quizzes is 20-25 minutes. NEVER WAIT UNTIL THE LAST MINUTE TO TAKE A QUIZ. THE TESTING CENTER MAY NOT BE ABLE TO ACCOMMODATE YOU IF YOU DO, AND YOU CANNOT MAKE THE QUIZ UP. Find the testing center today at the North Plaza. **Testing Center Phone Number: (435) 652-7696; testcenter@dixie.edu; www.dixie.edu/testing/ Go to their site for info about hours open.**

Dmail: You are required to frequently check your dmail account. Important class and college information will be sent to your dmail account, including DSC bills, financial aid/scholarship notices, notices of cancelled classes, reminders of important dates and deadlines, and other information critical to your success at DSC and in your courses. If you don't know how to access your dmail account, go to www.dixie.edu and select "Dmail" from the left column. To locate your dmail username and password, go to www.dixie.edu, and click on "Log in to student services" (upper right corner).

FAQs: What is expected of me in Psy1010??

- **What if I don't want to come to class or I'm too busy??** Then, take the course online. If you miss more than 5 classes, I reserve the right to dock your grade one step, e.g. C to C-. **Plan to be in class.** You may find Dixie's policy regarding attendance at <http://www.dixie.edu/humanres/policy/sec5/523.html>.
 - **College approved absences:** Dixie College Policy explains in detail what needs to happen if you anticipate being absent from class because of a college-sponsored activity (athletic events, club activities, field trips for other classes, etc). Please read this information and follow the instructions carefully! The policy can be found at: <http://www.dixie.edu/humanres/policy/sec5/523.html>
- **Can I play World of Warcraft or update my Facebook page during class? No!!** **No computer use in class other than looking at Psy1010 power points.** If I find out that you are using your computer for anything other than psy1010, I will consider you as absent from class, and I reserve the right to dock your grade. As a last resort, I may drop you from the class.
- **What if "life happens" and I don't make it to a quiz??** **Your lowest quiz score will be dropped.**

- **What is the late policy??** *Quizzes and exams may not be taken late. Late written work is penalized 10% per day late.*
- **What if I want to leave campus early in December??** *The final exam must be taken as scheduled for our class*
- **Disability Accommodations:** Students with medical, psychological, learning or other disabilities desiring reasonable academic adjustment, accommodations, or auxiliary aids to be successful in this class will need to contact the DISABILITY RESOURCE CENTER Coordinator (Baako Wahabu) for eligibility determination. Proper documentation of impairment is required in order to receive services or accommodations. DRC is located in the North Plaza Building. Visit or call 652-7516 to schedule appointment to discuss the process. DRC Coordinator determines eligibility for and authorizes the provision of services.
- **College resources:** Several college resources are available to help you succeed. Check out the links for each one to get more information.
 - If you need help understanding the content of your courses, go to the Tutoring Center located on the 4th floor of the Holland Centennial Commons in Room 431. You can visit them online at <http://dsc.dixie.edu/tutoring/>
 - If you need help writing papers, go to the Writing Center on the fourth floor of the Holland Centennial Commons in room 421. You can also visit them online at http://new.dixie.edu/english/dsc_writing_center.php
 - If you need to use a computer to do schoolwork on campus, go to the Smith Computer Center or in the Dixie College library on the second, mezzanine, or third floors of the HCC.
 - If you are assigned to take a test in the Testing Center, go to the North Plaza. You can get information on their website at <http://new.dixie.edu/testing/>
 - The Library has all kinds of information and resources. Visit the Dixie State College Library on the 2nd, and 3rd floors of the Holland Centennial Commons, or go to the library website at <http://library.dixie.edu/>
- **What is the Academic Integrity policy??:** Neither cheating of any kind nor plagiarism is tolerated. Students must take all quizzes and exams independently (without the help of others, except for appropriate disability services), and students are not allowed to share information (questions, answers, etc.) from quizzes and exams with anybody else until after the quiz or exam period has expired. No notes or books are to be used when taking exams unless permission from the instructor is given. For further information regarding student responsibilities related to academic integrity, please refer to Section 5.33.5 of the DSC policy, which can be viewed at <http://www.dixie.edu/humanres/policy/sec5/533.html>. *Students guilty of cheating/plagiarism will be dealt with according to college policy* as found at <http://www.dixie.edu/humanres/policy/sec3/334.html>.

3-34 ACADEMIC DISCIPLINE

34.1 Cheating: Academic dishonesty in any form will not be tolerated at Dixie State College, including but not limited to plagiarism on written assignments, submitting other person's work as one's own, and cheating on exams or quizzes. Teachers at Dixie State College may discipline students proven guilty of academic dishonesty by:

34.1.1 Giving a failing grade on the specific assignment where dishonesty occurred,

34.1.2 Failing the student in the entire course,

34.1.3 Immediately dismissing and removing the student from the course, and/or

34.1.4 Referring the student to Student Affairs, a committee which may reprimand, place on probation, suspend, and/or expel the student.

34.2 **Disruptive Behavior:** Teachers at Dixie State College have the right to manage the classroom environment to ensure a good learning climate. Toward this end, teachers (or college security) may dismiss and remove disruptive students from individual class activities. If a student's behavior continues to disrupt class activities, the teacher may dismiss and cause the removal of disruptive students from their course.

34.3 **Student Appeals:** Students who believe themselves wrongfully disciplined may appeal those disciplinary actions through the standard grievance procedure. (Policy 5-35)

Date	Day	Details	
Jan 17	Thu	<u>Quiz 1</u>	due by 10pm
Jan 31	Thu	<u>Quiz 2</u>	due by 10pm
Feb 11	Mon	<u>Career Application</u>	due by 1pm
		<u>Keirse Profile</u>	due by 1pm
		<u>Reflection</u>	due by 1pm
		<u>Relationship Application</u>	due by 1pm
		<u>Your Thoughts about You!</u>	due by 1pm
Feb 12	Tue	<u>Quiz 3</u>	due by 10pm
Feb 26	Tue	<u>Quiz 4</u>	due by 10pm
Mar 19	Tue	<u>Quiz 5</u>	due by 10pm
Mar 28	Thu	<u>Quiz 6</u>	due by 10pm
Apr 5	Fri	<u>Stress</u>	due by 1pm
Apr 11	Thu	<u>Quiz 7</u>	due by 10pm
Apr 23	Tue	<u>Quiz 8</u>	due by 10pm
May 1	Wed	<u>Final Exam</u>	due by 12:30pm