

**Syllabus and Course Outline
PSY 1010-6
MWF**

**Introduction to Psychology
Dixie State University
Spring 2015**

Instructor: Dr. Christine E. Chew

Class Meets on: MWF **Time:** 12-12:50pm

Room: MCD 103

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Office: McDonald Building (MCD) 210

Office Hours: M/W/F 10-11am T/TH 11:45-1pm

PROGRAM: Psychology

CREDIT HOURS: 3

CONTACT HOURS: Lecture: 3

COURSE DESCRIPTION:

This course is a special topics course that will explore the origins of the field of psychology, as well as general topics as an introduction to psychology.

SOCIAL SCIENCE PROGRAM OBJECTIVES

As an outcome of taking courses in the Social Sciences Program, students shall:

1. Demonstrate the ability to examine human behaviors in a structured and organized way as a means of understanding the human condition. Measured by examination and/or oral and written reports.
2. Demonstrate the ability to recognize the ideas, people and events that are generally thought to be important by social scientists. Measured by examination and/or oral reports.

3. Develop a perceptual frame or reference based on social scientific knowledge. Measured by the presence of an attitudinal frame of reference which would be expressed in written or oral activities.
4. Exhibit concepts of critical thinking and scientific methodology in examining human behavior. Measured by the presence of an attitudinal frame of reference which would be displayed in written or oral activities.

MAJOR COURSE LEARNING OBJECTIVES: Upon successful completion of this course the student will be expected to:

1. To develop basic knowledge of the theoretical background of psychology theories.
2. Understand how we know what we know in the field of psychology, with regard to research.
3. Critically think about and evaluate general psychology paradigms as well as speak to the pitfalls and the strengths.
4. Apply knowledge in a useful way to the complexities of the field.
5. Understand the history of the field and the future of the field.

COURSE METHODS:

The course will be as a lecture/ seminar, with each student asked to consider particular questions during class discussions and reading material, and comment in the class on these issues. We will focus on:

1. Readings in relevant texts and articles
2. Lectures which discuss the readings
3. Small group exercises and self reflection exercises
4. Examination of the relevant literature in the field
5. Exams

Email is the preferred method for contacting the professor outside of class.

When emailing the professor the subject line should read **Introduction to Psychology.**

GENERAL CLASS CONDUCT

ALL CELL PHONES <u>OFF</u> WHEN YOU ENTER THE CLASSROOM
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Attendance at all scheduled classes is required.

Students are expected to approach the class as mature adults and to conduct themselves accordingly. While questions and interaction with the instructor are encouraged during the seminar, disruptive remarks, behavior and unnecessary personal conversations between students will not be tolerated. At times a topic or topic matter may contain sensitive issues. It is imperative that we all conduct ourselves with respect

for others even should we disagree with someone's view point. Our classroom is a "safe" space, which requires that students agree to keeping sensitive matters confidential, and to respect each other's privacy with regard to personal remarks in classroom.

Please refrain from:

- Coming in late or leaving early. It is imperative that you make the commitment to be in class the entire class length.
- Doing other work or other activities aside from the classwork that is being presented or assigned.
- Sleeping during the class.
- Listening to I-pods or other portable music/audio devices.
- Making jokes or having discussions with others in the class that would be disruptive to others.

For more details, please see the disruptive behavior policy at:
<http://www.dixie.edu/humanres/policy/sec3/334.html>

Referrals:

Many psychology courses, such as this one, often provide students with self reflection oriented readings and activities. At times, this reflection can trigger emotional responses, or other types of reactions that can cause significant personal distress or upset. Sometimes these responses are from past issues, or traumas, or other things happening in a student's life. While I am able to understand this, as a clinician, and have training in the area of therapeutic intervention; as a faculty member, I am unable to engage in a relationship of this nature with my students. It is unethical, according to the field ethics code, and it is also considered a dual role relationship, which is highly discouraged. Should you find yourself in a situation of this sort, I would be happy to make a confidential referral for you, to our college counseling center, and provide any support I can to find you some resources. Again, unfortunately, I cannot serve you in a therapeutic role, but I am very happy we have the counseling center available to students for just such situations.

REQUIRED MATERIALS

Texts:

Title: **Psychology**
Authors: Schacter, Gilbert, and Wagner
Edition: Third Edition
Publisher: Worth

CLASS STRUCTURE

In general, the class will follow seminar / discussion format. All text material will not be covered in class. However, students are responsible for all material in the text reading assignments and handouts.

Typically, classes will consist of lecture, discussion, and experiential type of activities. Student participation during class discussions will be graded with a point value; and in borderline grade cases, the quantity and quality of student participation may affect the final grade

EVALUATION:

Grading will be based upon possible points in the course distributed as follows:

1. 5 scheduled exams (worth 50 points)	250 points
2. Final Exam	100 points
2. Class assignments/activities, participation	15 points

TOTAL 365 points

GRADING SCALE:

A = (95 – 100%)
A- = (90-94%)
B += (87-89%)
B = (83-86%)
B-= (80-82)
C+ = (77-79%)
C+ (73-76%)
C-+ (70-72%)
D = (60 – 69%)
F = (59% and less)

EXAMINATIONS:

Grades will be determined in part based on student performance on exams. (50 pts each) The exams, including the final exam, and will be multiple choice.

Final Exam:

The final exam will be cumulative, but very broad. You can expect a variety of questions from the course; however they will be very general in nature. (100pts)

Make Up Policy

As a rule, there will not be any make up exams in this course. Please talk with the instructor regarding any approved absences as per college policy.

CLASS ASSIGNMENTS & ACTIVITIES

Class assignment points will be based on in-class activities and assignments throughout the semester.

The professor reserves the right to assign activities as is deemed necessary during the semester.

READING ASSIGNMENTS:

You will be expected to complete the required reading assignments outlined in the course schedule, regarding assessment issues, prior to class and incorporate this learning into your comments during lecture and case presentations.

COURSE OUTLINE Intro To Psych MWF 12-12:50

<u>Jan 12:</u>	Course Introduction
<u>Jan 14:</u>	Introduce a friend
<u>Jan 16:</u>	What is Psychology?
<u>Jan 19:</u>	MLK Holiday, no class
<u>Jan 21:</u>	Chapter 1 : Psychology: The Evolution of Science
<u>Jan 23:</u>	Chapter 1, Con't / Nature vs Nurture
<u>Jan 26:</u>	Chapter 2: Methods in Psychology
<u>Jan 28:</u>	Chapter 2 : Con't
<u>Jan 30:</u>	Chapter 4: Sensation and Perception
<u>Feb. 2:</u>	Wellness
<u>Feb 4:</u>	Review for Exam #1
<u>Feb5/6:</u>	Exam #1 in testing center
<u>Feb 9:</u>	Chapter 5: Consciousness
<u>Feb 11:</u>	Chapter 5: Consciousness
<u>Feb 13:</u>	Chapter 5: Drugs
<u>Feb 16:</u>	No class: President's Holiday
<u>Feb. 18:</u>	Chapter 8: Motivation
<u>Feb 20:</u>	Chapter 10: Emotion
<u>Feb. 23:</u>	Intelligence
<u>Feb. 25:</u>	Review for exam #2
<u>Feb. 26/27:</u>	Exam #2 in testing center

<u>Mar 2:</u>	Chapter 11: Development
<u>Mar 4:</u>	Development Con't
<u>Mar 6</u>	TBA/Catch up
<u>Mar 16:</u>	Chapter 12:Personality
<u>Mar 18:</u>	Chapter 12: Personality
<u>Mar 20:</u>	Chapter 12: Pesonality
<u>Mar 23:</u>	Personality Con't
<u>Mar 25:</u>	Review for Exam #3
<u>Mar 26-27 :</u>	Exam #3 in testing center
<u>Mar 30:</u>	Chapter 14: Psychological Disorders
<u>Apr 1:</u>	Mood Disorders
<u>Apr. 3:</u>	Anxiety Disorders
<u>April 6:</u>	Personality Disorders
<u>April 8:</u>	Review Exam #4
<u>April 9-10:</u>	Exam #4 in testing center
<u>Apr 13:</u>	Special Topic; TBA
<u>April 15:</u>	Schizophrenia
<u>April 17</u>	Dissociative Disorders
<u>Apr 20:</u>	Chapter 15: Treatment
<u>Apr 22:</u>	Chapter 15: Treatment
<u>Apr 24:</u>	Catch up
<u>Apr 27:</u>	Review for Exam #5
<u>Apr 28-29:</u>	Exam #5 in testing center
Final Exam:	May 6, Weds: 12:30-2:30pm

*** ALL TEST DATES AND ASSIGNMENTS SUBJECT TO CHANGE ****

Important DSC dates to remember (for course dates, see schedule on the course website):

2015 Spring Semester

Oct 31	Spring 2015 Bachelor's degree Graduation Application Deadline
Nov 17	Spring Registration open to Seniors (90+ earned credits)
Nov 18	Spring Registration open to Juniors (60+ earned credits)
Nov 19	Spring Registration open to Sophomores (30+ earned credits)
Nov 20	Spring Registration open to All Students
Jan 12	Classwork Starts
Jan 15	Last Day for Waitlist
Jan 16	Last Day to Add Without Signature
Jan 19	Martin Luther King Jr. Day
Jan 22	Drop/Audit Fee Begins (\$10 per class)
Jan 22	Residency Application Deadline
Jan 27	\$50 Late Registration/Payment Fee
Feb 2	Spring 2015 Associate's degree Graduation Application Deadline
Feb 2	Pell Grant Census
Feb 2	Last Day for Refund
Feb 2	Last Day to drop without receiving a "W" grade
Feb 4	Courses dropped for non-payment
Feb 6	Last Day to Add/Audit
Feb 16	President's Day
Mar 2	Summer 2015 Bachelor's degree Graduation Application Deadline
Mar 2	Mid-Term Grades Due
Mar 6	Last Day to Drop Individual Class
Mar 9-13	Spring Break
Mar 23	Fall Class schedule available online
Mar 23	Summer Registration open to Seniors (90+ credits)
Mar 24	Summer Registration open to Juniors (60+ credits)
Mar 25	Summer Registration open to Sophomores (30+ credits)

Mar 26	Summer Registration open to all students
Apr 1	Fall 2015 Bachelor's degree Graduation Application Deadline
Apr 10	Last Day for Complete Withdrawal
Apr 13	Fall Registration open to Seniors (90+ credits)
Apr 14	Fall Registration open to Juniors (60+ credits)
Apr 15	Fall Registration open to Sophomores (30+ credits)
Apr 16	Fall Registration open to all students
Apr 29	Classwork Ends
Apr 30	Reading Day
May 1	Final Exams
May 1	Associate's degree Graduation Deadline - Summer 2015
May 4-7	Final Exams
May 8	Commencement

Disability Accommodations: Students with medical, psychological, learning or other disabilities desiring reasonable academic adjustment, accommodations, or auxiliary aids to be successful in this class will need to contact the DISABILITY RESOURCE CENTER Coordinator (Baako Wahabu) for eligibility determination. Proper documentation of impairment is required in order to receive services or accommodations. DRC is located in the North Plaza Building. Visit or call 652-7516 to schedule appointment to discuss the process. DRC Coordinator determines eligibility for and authorizes the provision of services.

College resources: Several college resources are available to help you succeed. Check out the links for each one to get more information.

If you need help understanding the content of your courses, go to the Tutoring Center located on the 4th floor of the Holland Centennial Commons in Room 431. You can visit them online at <http://dsc.dixie.edu/tutoring/>

If you need help writing papers, go to the Writing Center on the fourth floor of the Holland Centennial Commons in room 421. You can also visit them online at http://new.dixie.edu/english/dsc_writing_center.php

If you need to use a computer to do schoolwork on campus, go to the Computer Center in the Smith Computer Center or the Library basement.

If you are assigned to take a test in the Testing Center, go to the North Plaza. You can get information on their website at <http://new.dixie.edu/testing/>

The Library has all kinds of information and resources. Visit the Dixie State College Library on the 2nd, and 3rd floors of the Holland Centennial Commons, or go to the library website at <http://library.dixie.edu/>

Classroom expectations: It is the responsibility of an instructor to manage the classroom environment to ensure a good learning climate for all students. This means not talking when the teacher is talking, following instructions, and speaking and acting respectfully to the professor.

Academic integrity:

DSC believes that most students are honest. However, cheating will not be tolerated, and if discovered, a zero grade will be given for that assignment or exam, and you will not be allowed to make it up. Repeated or aggravated offenses will result in failing the course. Any time you take credit for work you did not do, you are cheating. This includes getting the answers to homework problems from someone else, copying information from a library or internet source and presenting it as if it were your own words which is called plagiarism. Plagiarism is a particularly serious offense in academia.

Looking at someone else's answers on an exam, and asking someone who has already taken a test about what questions it contains also constitutes cheating. This course has

been designed to minimize the temptation to cheat, however it is not the job DSC or the instructor to make things “cheat proof.” If you cheat and are not caught, it doesn't mean that you "beat the system." It means you violated the Student Code and forfeited your integrity.

For further information on the Student code please refer to <http://library.dixie.edu/policies/studentcodesectionfour.pdf> page 8. DSC is committed to helping students honor the student code and to have consequences for those who do not abide by its standards.

COPYRIGHT STATEMENT:

Students shall adhere to the laws governing the use of copyrighted materials. They must insure that their activities comply with fair use and in no way infringe on the copyright or other proprietary rights of others and that the materials used and developed at Union College contain nothing unlawful, unethical, or libelous and do not constitute any violation of any right of privacy.

College approved absences: Dixie College Policy explains in detail what needs to happen if you anticipate being absent from class because of a college-sponsored activity (athletic events, club activities, field trips for other classes, etc). Please read this information and follow the instructions carefully! The policy can be found at: <http://www.dixie.edu/humanres/policy/sec5/523.html>

Dmail: Important class and college information will be sent to your Dmail account. This information includes your DSC bill, financial aid/scholarship notices, notification of dropped classes, reminders of important dates and events, and other information critical to your success in this class and at DSC. All DSC students are automatically assigned a Dmail account. If you don't know your user name and password, go to www.dixie.edu and select “Dmail,” for complete instructions. You will be held responsible for information sent to your Dmail email, so please check it often.

