

Syllabus and Course Outline
PSY 1010-05
Introduction to Psychology
Dixie State College
Spring 2013

Instructor: Dr. Christine E. Chew

Class Meets on: M/W/F **Time:** 10-10:50am

Room: McDonald Bldg. 104

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E-Mail: chew@dixie.edu

Office: McDonald Building (MCD) 218

Office Hours:
T/Th 10:15am-12:45pm or by appointment

PROGRAM: Psychology

CREDIT HOURS: 3

CONTACT HOURS: Lecture: 3

COURSE DESCRIPTION:

Fulfills General Education Social and Behavioral Sciences requirement. For students in all disciplines who are interested in the fundamental scientific principles of behavior. Includes the study of learning, motivation, emotion, personality, mental disorders, treatment alternatives, and other related subjects as part of the course. Critical thinking will be explored in examining these aspects of behavior. Students will have frequent examinations as part of the course requirements.

As an outcome of taking courses in the Social Sciences Program, students shall:

1. Demonstrate the ability to examine human behaviors in a structured and organized way as a means of understanding the human condition. Measured by examination and/or oral and written reports.

2. Demonstrate the ability to recognize the ideas, people and events that are generally thought to be important by social scientists. Measured by examination and/or oral reports.
3. Develop a perceptual frame or reference based on social scientific knowledge. Measured by the presence of an attitudinal frame of reference which would be expressed in written or oral activities.
4. Exhibit concepts of critical thinking and scientific methodology in examining human behavior. Measured by the presence of an attitudinal frame of reference which would be displayed in written or oral activities.

MAJOR COURSE LEARNING OBJECTIVES:

Upon successful completion of this course the student will be expected to:

1. To develop basic knowledge of the theoretical background of psychology theories.
2. Understand how we know what we know in the field of psychology, with regard to research.
3. Critically think about and evaluate general psychology paradigms as well as speak to the pitfalls and the strengths.
4. Apply knowledge in a useful way to the complexities of the field.
5. Understand the history of the field and the future of the field.

COURSE METHODS:

The course will be as a lecture/ seminar, with each student asked to consider particular questions during class discussions and reading material, and comment in the class on these issues. We will focus on:

1. Readings in relevant texts and articles
2. Lectures which discuss the readings
3. Small group exercises and self reflection exercises
4. Examination of the relevant literature in the field
5. Exams

Email is the preferred method for contacting the professor outside of class.

When emailing the professor the subject line should read **Introduction to Psychology.**

GENERAL CLASS CONDUCT

ALL CELL PHONES <u>OFF</u> WHEN YOU ENTER THE CLASSROOM
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Attendance at all scheduled classes is required.

Disruptive Behavior

Students are expected to approach the class as mature adults and to conduct themselves accordingly. While questions and interaction with the instructor are encouraged during the seminar, disruptive remarks, behavior and unnecessary personal conversations between students will not be tolerated. At times a topic or topic matter may contain sensitive issues. It is imperative that we all conduct ourselves with respect for others even should we disagree with someone's view point. Our classroom is a "safe" space, which requires that students agree to keeping sensitive matters confidential, and to respect each other's privacy with regard to personal remarks in classroom.

Please refrain from:

Coming in late or leaving early. It is imperative that you make the commitment to be in class the entire class length.

Doing other work or other activities aside from the classwork that is being presented or assigned.

Sleeping during the class.

Listening to I-pods or other portable music/audio devices.

Talking or texting on cell phones.

Making jokes or having discussions with others in the class that would be disruptive to others.

For more details, please see the disruptive behavior policy at:
<http://www.dixie.edu/humanres/policy/sec3/334.html>

REQUIRED MATERIALS

Texts:

Title: **Psychology**
Authors: Schacter, Gilbert, and Wagner
Edition: Second Edition
Publisher: Worth

CLASS STRUCTURE

In general, the class will follow seminar / discussion format. All text material will not be covered in class. However, students are responsible for all material in the text reading assignments and handouts.

Typically, classes will consist of lecture, discussion, and experiential type of activities. Attendance will be taken randomly in the **first five minutes** of class. If you are late and not present to hear your name called, you will not receive credit for attendance that day.

EVALUATION:

Grading will be based upon possible points in the course distributed as follows:

1. 5 scheduled exams (worth 50 points)	250 points
2. Final Exam	100 points
2. Attendance	15 points

TOTAL 300 points

After all five exams are complete; I will be dropping your lowest exam score from your final grade. This exam drop score does not include the final exam which will not be dropped, even if it is the lowest score. You are expected to take all five exams.

GRADING SCALE:

A = (95 – 100%)
A- = (90-94%)
B += (87-89%)
B = (83-86%)
B- = (80-82)
C+ = (77-79%)
C+ (73-76%)
C-+ (70-72%)
D = (60 – 69%)
F = (59% and less)

EXAMINATIONS:

Grades will be determined in part based on student performance on exams. (50 pts each) The exams, including the final exam, and will be multiple choice.

Final Exam:

The final exam will be cumulative, but very broad. You can expect a variety of questions from the course; however they will be very general in nature.

Make Up Policy

As a rule, there will not be any make up exams in this course. Talk further with the instructor for excused absences as per college policy.

The professor reserves the right to assign activities as is deemed necessary during the semester.

READING ASSIGNMENTS:

You will be expected to complete the required reading assignments outlined in the course schedule, regarding assessment issues, prior to class and incorporate this learning into your comments during lecture and case presentations.

Referrals:

Many psychology courses, such as this one, often provide students with self reflection oriented readings and activities. At times, this reflection can trigger emotional responses, or other types of reactions that can cause significant personal distress or upset. Sometimes these responses are from past issues, or traumas, or other things happening in a student's life. While I am able to understand this, as a clinician, and have training in the area of therapeutic intervention; as a faculty member, I am unable to engage in a relationship of this nature with my students. It is unethical, according to the field ethics code, and it is also considered a dual role relationship, which is highly discouraged. Should you find yourself in a situation of this sort, I would be happy to make a confidential referral for you, to our college counseling center, and provide any support I can to find you some resources. Again, unfortunately, I cannot serve you in a therapeutic role, but I am very happy we have the counseling center available to students for just such situations.

COURSE OUTLINE

<u>Jan 7:</u>	Course Introduction
<u>Jan 9:</u>	Introduce a friend
<u>Jan 11:</u>	What is Psychology?
<u>Jan. 14:</u>	Chapter 1: The Evolution of Science
<u>Jan 16:</u>	Chapter 1 : Psychology : The Evolution of Science Con't
<u>Jan 18:</u>	Key Players in Psychology
<u>Jan 21:</u>	No class; Holiday
<u>Jan 23:</u>	Chapter 2 : Methods in Psychology
<u>Jan 25:</u>	Research in Psychology
<u>Jan 28:</u>	Chapter 4: Sensation and Perception
<u>Jan 30:</u>	Sensation and Perception Con't
<u>Feb 1:</u>	Review for Exam #1
<u>Feb 4-5:</u>	Exam #1 in testing center
<u>Feb 6:</u>	Chapter 5: Consciousness
<u>Feb 8:</u>	Chapter 5: Drugs
<u>Feb 11:</u>	Chapter 8: Motivation
<u>Feb 13:</u>	Chapter 8: Emotion
<u>Feb 15:</u>	Catch up/special topic
<u>Feb 18:</u>	No class/Holiday
<u>Feb 20:</u>	Review for Exam #2
<u>Feb. 21-22</u>	Exam #2 in testing center
<u>Feb 25:</u>	Chapter 11: Development
<u>Feb: 27:</u>	Chapter 11 Con't
<u>March 1:</u>	Chapter 10: Intelligence
<u>March 4:</u>	Special Topic/Autism/Asberger's
<u>March 6:</u>	Review for Exam #3
<u>March 7-8</u>	Exam #3 in testing center
<u>March 18:</u>	Wellness/ Stress and Health
<u>March 20:</u>	Chapter 12: Personality
<u>March 22 :</u>	Personality Con't
<u>March 25:</u>	Personality Assessment
<u>March 27:</u>	Review for Exam #4
<u>March 28-29:</u>	Exam #4 in testing center
<u>April 1 :</u>	Chapter 14: Psychological Disorders Overview
<u>April 3:</u>	Mood Disorders
<u>April 5:</u>	Personality Disorders

April 8: Schizophrenia
April 10: Special Topic: Dissociative Disorders
April 12: Chapter 15: Treatment of Psychological Disorders

April 15: Treatment Con't
April 17: Review for Exam #5
April 18-19: Exam #5 in testing center

April 22 Catch up day/special topic
April 24: Review for Final Exam

Final Exam: Friday April 26 , 9:30-11:30am

*** ALL TEST DATES AND ASSIGNMENTS SUBJECT TO CHANGE ****

Dmail:

Important class and college information will be sent to your Dmail account. This information includes your DSC bill, financial aid/scholarship notices, notification of dropped classes, reminders of important dates and events, and other information critical to your success in this class and at DSC. All DSC students are automatically assigned a Dmail account. If you don't know your user name and password, go to www.dixie.edu and select "Dmail," for complete instructions. You will be held responsible for information sent to your Dmail email, so please check it often.

Important Dates to Remember:

Jan 2	Spring 2013 Late application penalty begins
Jan 7	Classwork Starts
Jan 10	Last Day to Waitlist
Jan 11	Last Day to Add Without Signature
Jan 14	Drop/Audit Fee Begins (\$10 per class)
Jan 16	Residency Application Deadline
Jan 21	Martin Luther King Jr. Day
Jan 22	\$50 Late Registration/Payment Fee
Jan 29	Pell Grant Census
Jan 29	Last Day for Refund
Jan 29	Last Day to drop without receiving a "W" grade
Jan 30	Courses dropped for non-payment
Feb 1	Last Day to Add/Audit
Feb 1	Associate's degree Graduation Deadline - Spring 2013
Feb 18	President's Day
Feb 25	Mid-Term Grades Due

Mar 1	Last Day to Drop Individual Class
Mar 1	Bachelor's degree Graduation Deadline - Summer 2013
Mar 11-15	Spring Break
Mar 18	Fall 2013 Class schedule available online
Mar 18	Summer Registration open to Seniors (90+ credits)
Mar 19	Summer Registration open to Juniors (60+ credits)
Mar 20	Summer Registration open to Sophomores (30+ credits)
Mar 21	Summer Registration open to all students
Mar 29	Last Day for Complete Withdrawal
Apr 1	Bachelor's degree Graduation Deadline - Fall 2013
Apr 8	Fall Registration open to Seniors (90+ credits)
Apr 9	Fall Registration open to Juniors (60+ credits)
Apr 10	Fall Registration open to Sophomores (30+ credits)
Apr 11	Fall Registration open to all students
Apr 24	Classwork Ends
Apr 25	Reading Day
Apr 26	Final Exams
Apr 29-30, May 1	Final Exams
May 1	Associate's degree Graduation Deadline - Summer 2013
May 2	Final Exams
May 3	Commencement

Disability Accommodations:

Students with medical, psychological, learning or other disabilities desiring reasonable academic adjustment, accommodations, or auxiliary aids to be successful in this class will need to contact the DISABILITY RESOURCE CENTER Coordinator (Baako Wahabu) for eligibility determination. Proper documentation of impairment is required in order to receive services or accommodations. DRC is located in the North Plaza Building. Visit or call 652-7516 to schedule appointment to discuss the process. DRC Coordinator determines eligibility for and authorizes the provision of services.

College resources:

Several college resources are available to help you succeed. Check out the links for each one to get more information. If you need help understanding the content of your courses, go to the **Tutoring Center** located in the Browning Learning Center, Room 105. There is a schedule of what courses have tutors at what times outside the door. You can also visit them online at <http://dsc.dixie.edu/tutoring/> If you need help writing papers, go to the Writing Center in the Browning Learning Center, Room 105. You can also visit them online at http://new.dixie.edu/english/dsc_writing_center.php

If you are assigned to take a test in the Testing Center, go to the North Plaza. You can get information on their website at <http://new.dixie.edu/testing/>

The Library has all kinds of information and resources. Visit the Val Browning Library or go to the library website at <http://library.dixie.edu/>

Academic integrity:

DSC believes that most students are honest. However, cheating will not be tolerated, and if discovered, a zero grade will be given for that assignment or exam, and you will not be allowed to make it up. Repeated or aggravated offenses will result in failing the course. Any time you take credit for work you did not do, you are cheating. This includes getting the answers to homework problems from someone else, copying information from a library or internet source and presenting it as if it were your own words which is called plagiarism. Plagiarism is a particularly serious offense in academia.

Looking at someone else's answers on an exam, and asking someone who has already taken a test about what questions it contains also constitutes cheating. This course has been designed to minimize the temptation to cheat, however it is not the job DSC or the instructor to make things "cheat proof." If you cheat and are not caught, it doesn't mean that you "beat the system." It means you violated the Student Code and forfeited your integrity.

For further information on the Student code please refer to <http://library.dixie.edu/policies/studentcodesectionfour.pdf> page 8. DSC is committed to helping students honor the student code and to have consequences for those who do not abide by its standards.

COPYRIGHT STATEMENT:

Students shall adhere to the laws governing the use of copyrighted materials. They must insure that their activities comply with fair use and in no way infringe on the copyright or other proprietary rights of others and that the materials used and developed at Union College contain nothing unlawful, unethical, or libelous and do not constitute any violation of any right of privacy.